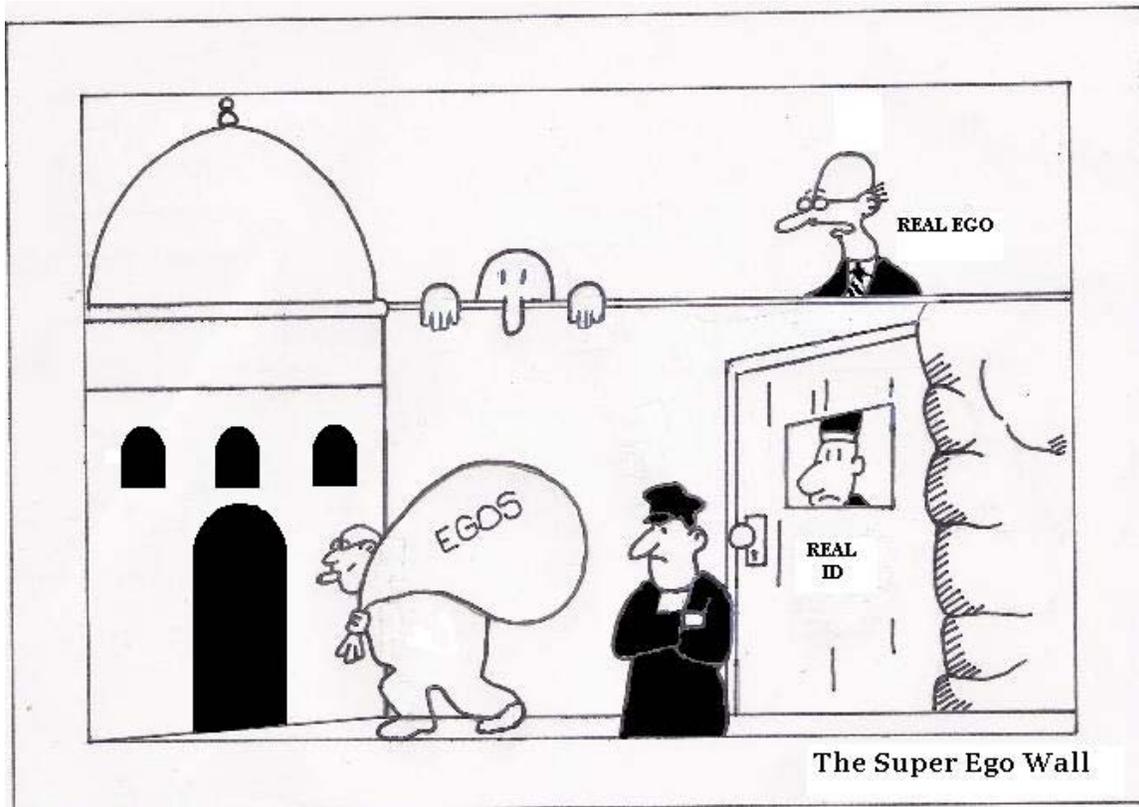


What if? I am write!



Dr. Edward OM

Edited by Hironnelle LaTour

No Love Within

OM (The Source of Real Love) – **Unrequited** (but in all things)

EGOS (Learned and/or imposed by others)

REAL ID (Banished here by Consensus Reality)

THE SUPER EGO WALL (Built on narcissism) – “Police-Person”

PERCEIVED SELF (Personality) – How others see us...



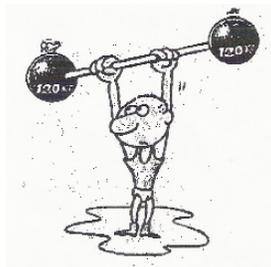
PERCEIVED SELF

With Love Requitted

OM (whose spark is within us) = **SOUL/SPIRIT**

REAL EGO (Based on personal relationship with OM)

TRUE SELF (Others can see our Real Ego)



TRUE SELF

The Super Ego Wall is gone since its base of narcissism has to be recognised and dealt with for what it is, namely, Ambulatory Schizophrenia

The Book Stuff

Thanks to all of you (and “for” all of you) that I have ever met and shared with me to get to where I am now. It has been a wonderful journey.

Thanks to Hironnelle LaTour a great world traveler, for the professional editing and patience in teaching me what English grammar really is.

Yet, where would I be without my own mother and late father for having birthed my human suit so that I could experience all of this here and now. To them both I am forever grateful. Then to Samantha for having me teach her to teach me things that I needed (albeit maybe did not want) to know. But most of all to Venus, that Goddess of love, mercy and justice that just had to show me all of the things I was missing so that “I could be all I can be”.

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PREFACE

If you have not read much then **WHAT IF?** is to help you get back to basics. If you have read a lot then **WHAT IF? I am “write”?**

OM, our creator/God’s Love is everything and everywhere. We are already aware that OM is within us but alas, have lost the contact and buried the connection.

Meta-Phys-I-Cans can help us to Gnosis (know) that we are all Soul/Spirits experiencing this life in a human suit.

TANTRA (proper bio-psycho-chemical and sexual energy usage) can assist the healing processes for whatever ails us in the manner of the old adage, “Misery likes company”.

Don’t be too hung up trying to understand all the concepts at once. It will only annoy the “mind-chatters” we all have. We will be writing more as time goes on. In the meantime, you can check out our earlier writings at www.gnosis.com

DISCLAIMER

I was created of OM via human parents and like most, suffered under unconscious Narcissism. I am not a medical doctor and assuredly I do not “Pre-Ju-Dice” them in anyway. Follow their advice but be sure to doctor yourself as well. We should “Gnosis” ourselves better than anyone.

We are all Soul/Spirits experiencing our lives in human suits; but please, we mustn’t be merely our biology or chemistry. We are, after all, in this together as One. Therefore it serves us all well if we do not pollute, either physically or psychologically.

I don’t have “Pre-Ju-Dice”, nor do I wish to be sued, but hey! These are words I live by and if some don’t like them, then – Tough :o)

BUT THEN AGAIN.....

.....WHAT IF? I AM RIGHT!

WHAT IF? I am-Write!

I was born asking questions. (My favourite word then, as now is *WHY?*). It became *THE* existential question. Then as I became smarter (not as in scholarly, but as in life “smarts”), I realized that many didn’t appreciate my being right about many things. So *WHY?* became *WHAT IF?*

Solace is something we all seek when we need to relax and take a more rounded look at ourselves. At this point we usually tap into the humour of who we are, where we came from and where we are going. Too many want a quick fix; want to know the future. However, without living in the present consciously, the future will be merely a repeat of past and present patterns.

So with tongue in cheek I came up with “*WHAT IF?*” (*trés a propos*) for our constant questioning; and “*I am Write/Right*” as a pun to enjoy while writing for the benefit of those who care to read. It is essential that an author has the material welling up inside and must either get it out or bust. So writing becomes the safety valve.

Then again, given my panache for being consciously right more often than not; I needed to chuckle at myself as I lovingly tried to explain for the umpteen zillionth time that what is really happening is that I am right to write. How else can I share it?

On occasion, someone else is absolutely correct about, say, a “life issue”. On the other hand we feel because we know about it (perhaps have experienced it to some degree), our take is correct. But if not, it irritates the self-esteem, which most of us will admit is already kind of “banged up” most of the time.

To make this process more understandable and to help you decide whether or not you want to continue reading, I will lay out the bottom line or goal to which this path will take us should we choose to continue reading, thus gaining some helpful insights. This is Stephen Covey’s infamous “start with the end in mind and proceed from there”, process.

So here goes.

Yes, there is one creator God of the cosmos/multi-universe. As well, there are multiple manifestations of parts of our creator that some call God and others call Lords, etc. For our writing we will use the term **OM** that we will explain later in detail.

The God/OM we write of is what many call “The Totality, Unknowable, Supreme, Collective Consciousness”, and what we will define moreover as the Fluxion of Quantum Physics terminology. Quantum Physics being the science side of metaphysics so-called mystical side.

At the end of the book is a chapter titled “What is OM?” You can refer there continuously in order to keep track of what OM our creator is to us and thus the way we are describing God neuro-linguistically. Since we live in a world of duality (no cold without hot, etc.), we have the science side of OM that is termed Fluxion and the spiritual side that is simply OM.

The Fluxion process is just that; a process that energy is. As we are so comfortable with certain words to describe “things”, please realize that perhaps here we will be writing in a manner of which you are unfamiliar and that you will want to spend some time to contemplate. The next section on Neuro-linguistics will cover that nicely.

For now, understand that the Fluxion is the term Quantum Physics has given to that which is “in everything, everywhere and so affects all things”. We will not even attempt to give you a course in QP, as it is known, but will encourage you to read the writings on the website www.primordality.com if you are so inclined to better understand the relationship of the Fluxion to “all things”, from the scientific point of view.

The Fluxion is pure energy, which is in a constant state of flux, actually seeking to balance itself. As this energy expands enlarging the universe, we have termed it “Real Love” energy as opposed to just simply “energy” or what some scholars have coined as “Love Real”. They define it as being fully conscious of its self and of all things. It is truthful since it made up all cosmic laws and governs them in a constant state of balance. It is unconditional, as it does not seek anything from any entity yet it welcomes us and all other things requiring (giving in return) Real Love.

As humans we are not apt to think in terms of Real Love versus love but there is a difference that we will expand upon in a discussion of Neuro-linguistics. The OM part is what we are really heading towards because all of us are seeking to better understand our ‘One Creator God’ in relationship to ourselves, our individual being. The word OM is from ancient Sanskrit meaning “God, Creator, Love”. Mystically speaking, when it is chanted as a mantra vibrating our lips, it calms our solar plexus area as well as soothing our hearts, the real point of love sensations.

With reading further on the Fluxion, hopefully we will see the bases for all relationships from the smallest atom to the strangest mystical (a.k.a. psychological) dance of any two people. Herein we will see that we, human beings, are in fact “animated interfaces” or Real Souls experiencing life in biological human suits as we consciously and unconsciously send back

information to the Fluxion OM for further processing. It is as though we are the scouts going out ahead seeking information and sending it back to the Fluxion OM. Subsequently, it comes back to us based upon all the inputs of all the other “animated interfaces” on/in the earth.

We would be very much in error to consider any part of this as puppetry for we send the information of our own free will, and we are those that capture the incoming returned information. Or in many cases, NOT! This is where the knowledge and understanding of “awakened consciousness” comes into play. Science seeks to know what the conscious is, but without the Soul in its equation, it is missing the point that OM is in all things and everywhere.

Quite literally, what we call our Soul is in fact a spark of the divine within us. This part has caused so many problems with those that would control or try to have control over us, saying that we need them to connect us with OM. We need none but ourselves, awakening to ourselves, that is. Who are we, “really”? What are we, “really”? Where did we come from, “really”? From which we can deduct, conclude or surmise where are we going, “really”?

Most certainly we need guides for we are all in this together. But those guides must be of a highly enlightened nature, not seeking anything from us but to share their own fuel supply of Real Love with us as we must with them. This in and of itself is a type of requited love that as we learn and grow, we will come to understand. First and foremost, it must be developed within ourselves for our Souls’ needs and for our intellectual growths.

As you can see and if I am correct in these summations, there was/is/will be many things that we should rethink, rework and thus, better understand, if we sincerely want to be all of which we are capable. While it may be a bit irksome to have someone tell us that much of what we know is erroneous, we must ask the question, honestly, “Do we really want to be all that we can be” or, as is generally the case, is it too hard and mind-itching to want to give it a try?

Ed: If you Real Love yourself as I do your Real Soul, then you will want to try at least to see where you’ll arrive. :o)

Neuro-Linguistics of Life = OM

As mentioned earlier, the title of this book arose from a pun on the words “write and right”, which itself is not confusing when read or spelled out. But what of the sea of words that often seem to have dual or even multiple meanings and our brain hurts or gets confused and gives up trying to figure them out?

Enter the world of Neuro-linguistics. Simply put, it is the study of what a word means to one person and how it’s placed into the context of what is being said. A simple example being, “The water is hot”, with “hot” being a word that can mean many things. So, once again, as Stephen Covey would say, “Communicate clearly, listen to see if you are understood”, and the barriers will fall.

Putting it into a more important context would be that of learning/teaching children to understand what we mean. Often we mean what we don’t really understand. This is created when the meaning is not consistent with how we are using it nor with the message we are trying to convey.

A prime example is that of the word “love” (which is really messed up). Mom says to dad that she loves him. (Reason: Because she learned that is what women are supposed to say and feel, even if she doesn’t understand it.) Dad tells mom that he loves her (Reason: Because she can cook, clean, take care of the kids, and sleep with him). We cannot expect the child to have a clear understanding of what love really means. We can anticipate that the female child will copy the mom and the male child, the dad. This is how basic psychology works: by mimicry.

Within the child’s mind, inside his/her neurological processing network, we will see confusion leading to frustration and soon to apathy. (If mom and dad can’t get it straight, how can I?) The child will experiment on its own, have its own unique experiences that will create neuro-pathways and they will be available whenever these words are used.

Now take that simple (albeit complex word “love”) example and multiply it by the number of words we use that can have multiple meanings. Add to these the various psychological personalities that we meet within our lifetime, and we have the creation of a whole new set of words that require their own multiple choice dictionary.

Wait! It just got more complex again.

Add on to the above thoughts, the use of words as images in marketing of “things” to consumers. Now we can start to see a little more clearly just how mind suggestions work within us. Are they saying the word meaning at that moment; or

what dad meant, etc, etc? (“Etc.” can represent our siblings, our peers, our culture, our society and as well our humanity).

We see that we create a neurological pathway when we equate a word with an image in our mind. Images are the mind’s way of classifying, filing and retrieving meaning. So all marketers have to do is to create word pictures and then product images throughout the presentation of the advertisement to have instant recall of the words associated with it. Words such as buy, eat, sexy, vacation, bad, good, evil and kill are commonly used. One word is worth a thousand pictures, just as one picture can trigger a thousand words.

All in all, the easiest method of handling neuro-linguistics is the Covey method of “listening to make sure you are understood”. Meaning: Is what the person replying to you understanding what you meant or is there something askew? He/she should be doing the same with you so that your communication is an open dialogue with the clearest of meanings being exchanged.

What we will see happen, is that our meanings are, in fact, springing from our internal beliefs and value system. Actually this is known in Psychology as our Super-Ego structure. In communicating these meanings, we are telling the other person from where we are coming and what we are doing, just as they are telling us the same.

For sure, we will not all be on the same wavelength, but at least we will be able to determine where the other person stands and not have to second-guess him/her or ourselves. Then again, we just may discover something of ourselves that we did not fully realize and will want to make a deeper, harder personal examination of.

This is the start of what is known as “self psycho-analysis” which is one of, if not the greatest gift we can give to ourselves. For as in all things, we can become the best doctor of ourselves. No need to wait in line at the clinic.

However, please remember that when you do come upon conflicting things within do not be too harsh with yourself. Continue to ask questions and contemplate, “What really is happening?” :o)

For our writing here, we are using the word OM to mean The One Creator God or Primary and Totality Consciousness or The Unknowable, as it is said by the Mystics. With this OM being the energy of Real Love vibrating in all things everywhere, we can use it with our free will as we so choose. The more we requite love, the more it is requited to us.

So, in the times when neuro-words are giving you a neuro-headache, think of OM. The vibration created when chanting this mantra will calm and soothe you.

Ed: Remember, it is Real Love energy that you are using for a Real Love reason. :o)

If you are a bit skeptical of this, please try chanting OM in your mate's belly button and see the effect. Most of us adults had more likely than not "blown bubbles" on our baby's belly to see it giggle, smile and coo relaxed. Those bright eyes we looked into then were in fact, OM in the Fluxion process looking back at us. Now repeat that with your mate and decide for yourself what you are seeing.

OM in the belly button (actually solar plexus area) is one of the most calming and soothing healing actions we can undertake. What we are doing is simply another way of life (Real Love energy) in which OM expresses itself. As it has been said, "Try it, you'll like it".

Ed: We had another pun for you here, but have in fact saved it for the last page in the book. Take a seek peek if you want to. :o)

Hypothesis of OM as Life = Energy

At this point, we are going to really focus on what Stephen Covey's says, and that is, "Start with the end in mind". Our ending in this book will be just the beginning of a new relationship with our Creator God OM. That is to say, we will be reacquainted with, as well as requited by, Real Love.

Our hypothesis (as we cannot prove it scientifically and thus most would not believe it as truth) is: OM is energy itself (more than not believable). That OM is Life itself (OK, stretching it a bit here). That this Energy is, in fact, what we term "Real Love" in perpetual motion. (Now we have everyone interested... but only hypothetically.)

Life, no matter how we look at it contains energy in motion; for it is said and proven that without energy in motion, we are dead. Case closed. :o)

Or are we?

Just because "we" (our bio-organism bodies) are dead does it follow that that our Soul is dead? Not unless you believe that your body is your Soul and your Soul is your body. ("You-are-your-body" way of thinking.)

The body, as we write of it, is simply a suit that we wear in this dimension in order to experience and experiment here with the various feelings, emotions (impulses) moving through our bodies and brains. This dimension is one of solidness, because it is energy moving at a slower rate than the speed of light.

Without this energy we cannot live in the "here and now" but we could find ourselves in other dimensions where energy vibrates faster than the speed of light. As a consequence, we would not be required to be in a physical body form. Paradoxically, as energy is some type of a substance or matter, we could be in a solidified form in the other dimensions while vibrating at a faster rate than here on earth.

This is not magic or some mystical teaching but simply parts of the information that has been given to us throughout our anthropology. While not in the mainstream, it was not kept from the real truth seekers of the existential questions of life.

What we will be facing as we go on are the issues of why we as humans are in our present state and what we can, could, should and will do about it. As quantum physicists like to say, it is all about the possibilities of many choices. We agree and hope to explain why there are so many possibilities and what makes this or that choice bring about the most probable outcome.

As we write, OM is Real Love energy in perpetual motion, with us as a sparks of OM living life as animated interfaces that really do communicate with the divine without anyone between OM and us. This is what we call life, and thus means different things to different people as each individual is living a separate communication with OM, or so it seems. :o)

If OM is energy everywhere and in everything, if OM is Life taking or making conscious of OM's self (so to speak) then it would follow that while we are individually in a seemingly separate communication with OM, we are, in fact, in communication with all others that are in communication with OM as well. And yes, as it is said, at the same time.

For purposes of not making it simpler, we will surmise that those who are detached from Real Love are not in communication with OM, thus leaving more room and time for all of us who are. :o)

Actually, while it may be new ground for many and seems to be a bit complex, we might take some time to read any of the various quantum physics aspects, as well as time to better know our inner being. As a result, many pieces will fall easily into place. We have the capacity to learn, but we have never previously had this focus.

Besides, by trying on a new hat that does not make OM either male or female, nor some dude with a chip on his shoulder and lots of power, nor some fearsome energy that can stomp us like ants, nor even some all lovey-dovey sweetheart (and thus no rhyme nor reason for evil), we are giving ourselves a unbiased chance to study ourselves and what really makes us tick.

Movement of Energy = → US = Where are we now?

This part may be a bit much for many. Then again, it may just make a lot of sense to those who had read about or had given some thought to this phenomenon but had never put it into words. Rest assured it is not a new concept but I am trying to lay it out here as clearly as I am able :o)

In the science of Quantum “stuff”, we have a point, a dot “ ”, a sort of point that is titled “The Fluxion”. In the “spiritual/mystical” tradition, it is named “God the Creator = OM”. The Fluxion is God to scientists, just as OM is Creator Totality of Primary Conscious Unknowable God to mystics.

With the Fluxion, we have a hierarchy of lesser divine ones that within the realm of science are designated as principles and/or cosmic laws (like gravity) defining energy movements everywhere in everything. This is actually OM manifesting various influences through a multitude of “animated interfaces” such as humans, angels, or planetary Gods/Lords. (For Mystics, the word “God” is not our Creator, but denotes the hierarchy or a certain aspect of OM manifestation).

This is where we encounter the various levels and dimensions of the Mystic’s multi-universe cosmos. Put another way, some elementals can be at work in our dimension, while the Planetary Lords operate in the 5th dimension, or in any place not governed by the physical limitations imposed upon us by science.

As the energy of Fluxion-OM expands, we have the now infamous (although still barely understood) “Big Bang” theory of creation of the universe. Let’s stop for a moment and not attempt to answer this ultimate top-level question out of hand. If we consider some aspects of our solar system we may be able to get a better handle on this infamy.

As a universe is “big-banged” into existence from existing energy and/or with newly transformed energy. Remember the basic theorem, that matter can neither be created nor destroyed, only transformed, and therefore safe for OM-creating. Thanks to science we can see how our planets were formed. As these seemingly new energies (to us) are put into motion, we begin to have glimpses of the manifestation of various parts of OM. Whether it be “Lord Sun” or “Goddess Venus”, all are parts of OM we see manifesting. (If you are finding this difficult to understand, read a bit at www.primordality.com, as it should be of help).

As we start to see the heavenly bodies as manifestations of OM, we begin to have a better appreciation for the multitude of cultures (other than ours in mainstream North America). Those cultures have had vast pageantries of gods before we have become “us”. Not to be outdone, our “modern” North Americans, have added to these shows. Just think of The Fourth of July, The World Series, The Stanley Cup, The Super Bowl and the secularization of Thanksgiving and All Hallows Eve.

When gazing up at those bodies, do remember that the position of the moon in its orbit affects the tides and the female cycle. (Also that of the male, but this has been studied to a lesser degree.) Further, all the planets have their own energy patterns that affect us in many ways. Some have learned of these through study and observation. Certainly, the energy patterns are there. At this point, you may wish to refer to any basic astrology data that will help you grasp their significance. A great place for the fun side of it is www.freewillastrology.com

If you choose to delve more deeply into the subject, try researching the “Taoist Planetary Energy Guides” that give detailed descriptions of each planet and it’s corresponding affect on all body organs and their hormonal changes. All of which is greatly affected by what we eat, drink and think. While doing so you will no doubt come across all the names that have been given or used to describe the planets. Be it Lord Michael of the Sun, or Lord Jehovah of Saturn and all the way to their corresponding dual aspects. Remember that all energy is dual in order to be energy; as, for example, Lord Chavajoth of Saturn, that side of Saturn so aptly described in the Old Testament Bible.

Ed: As we are now seeing, a lot of theological-type stuff is starting to emerge here :o)

We have the various names that have been used over time to describe “God (supposedly) our Creator”. Then we have the “Big-Bang”, yet another scientific theory that the religious academics seem extremely shy to debate. (Although of late things are changing, which they must, for that is how the Fluxion works).

We have a planetary God talking to Moses and telling him to do things, albeit the description given in the Old Testament is more to the point exactly as spoken by Chavajoth. We have Venus as the “morning star”, the Bringer of Light. (Also known as Lucifer, talk about dual energies). In our recorded history, we have a Christ personage who has been central to more wars that killed more people than the souls saved in his name over the past 2000 or so years.

Is it any wonder that so many people get exasperated with it all? But hold on! It is all a matter of neuro-linguistics. You see, it depends on what is meant, or more to the point, what is trying to be communicated as in when we performed a deed in the past yet act as we do in the present.

The Hebrew word in English taken as “God” does not mean “Creator” as was found in translating the Greek version of the Old Testament. (In those days Greek was used in the synagogues of the Middle East.) Actually the word means “Lord”. (Think of a Prince to a King and thus a Lord to a God, but again, not the Unknowable Creator = OM).

If you have never read much of the Old Testament, just flip through it and see how many times is written “Lord Thy God”, meaning what, neuro-linguistically? More clearly translated, it would become, “Thy God Lord Jehovah”. Please remember that we are not trying to deconstruct anything, but simply trying to be all that we can by first understanding what was meant by this or that. Later, we can get into a review audit of our Super-Ego structure *per* “our beliefs and values”. At that time we will be able to decide for ourselves what we believe, without having anything, anyone, anywhere spoon feeding our minds and conditioning us to a pre-determined conclusion.

So here we are, biological organisms known as humans, each with an organic brain and an “unknown mind” with a “Soul” in the “machine”. Some science types have coined it, “The ghost in the machine”, which at least made us smile!

Our Soul, the real ‘I’ within, is a spark of OM, being Real Love energy in perpetual motion, and on our way upward, inward, crosswise, dimension-wise we run into various manifestations of OM. A few of these being:

- Elementals of the various aspects of nature. We understand that they are not conscious of our plights as they have yet to experience life on earth in a human-suit.
- Etheric Beings such as Angels. In some cases they can, in fact, be disincarnated loved ones that are seeking to help us in order to help themselves. They are conscious of our perilous conditions having lived on earth in a human suit.

- Planetary Lords or Gods. These are easiest understood as simply the Knowledge part of OM, the Sharing part of OM or even the Love part of OM (as in Venus).
- Cosmic Lords of Various Laws such as Karma who we understand as Jehovah, and perhaps with some having two manifested responsibilities concurrently. (Actually, each one must have dual energy patterns in order to be a complete whole of that part of OM it manifests.) As metaphysics is helping to better understand it all, science is taking us deeper within to show, how karmic order functions inside us at the DNA level. Whether the scientists realize this is a moot point at this time.
- Other dimensional beings are, simply put, patterns of energy that in order to understand we must be more aware of ourselves, more awakened to our own "Soul within". It is also essential that we seek information in the best Real Love manner available to us. At that point we will start to "gnosis" things that we cannot be taught for we must experience them ourselves.
- Other worlds or solar systems (given the multitude of Suns out there) that somehow we know must exist. Since scientific proof is not yet evident, most humans tend not to believe their own experiences, especially if they are felt to be too weird or frightening.
- Finally, of course, all the various aspects of some paradise place, city or planet that no one has seen and come back to tell about. This due to onward motion in one's own universal Soul's growth and things yet to accomplish. Cosmic order does not allow one part to give a misunderstood or biased view to another.

So here we are, on earth, dealing with elementals that are guardians of various aspects of earth's domain. Most of us never really get to meet or deal with any of them. We are somehow over-watched by angels who in many cases, are simply our own higher selves, our Real Souls, guiding us along the path we have either selected and/or one that has been chosen for us.

OM is energy in motion, as are we. We are a part of OM that reflects collectively that which we experience as we experiment living as a Soul in human suit. (Don't we live by doing what needs to be done in any way that brings us

through safely?) But how can we understand what it is we are doing here in real terms? How can we heal ourselves of any impediment that hinders or stops our progress to “knowing our selves so as to be all that we can”?

OM is the answer :o)

Occult Medicine = OM and US

The cat is out of the bag, for as you can see, OM also means Occult Medicine, which is a newer, and yet, the oldest area of study for all human beings.

It is the study of what we can call the “gnosis of ourselves”, should we be inclined to make a self- analysis. Remember that with neuro-linguistics we may find ourselves with certain feelings toward the word occult, ranging from magical thoughts to devilish acts.

Simply put, occult is that which is yet to be understood and proven in the way that science “approves” of things. A simple example would be Ben Franklin’s kite flying experiments leading to the discovery that lightning is a form of electricity. He and others defined electricity yet it is still not something that anyone can see. It was thought to be some occult thing that they were attempting to promote. Then later, building on this “occult” knowledge, Thomas Edison invented the light bulb. As we now know, it is not magic but simply something unknown that was made known, *et voilà*, the meaning of “occult”.

When applied to human beings, it would be any of those things that we have yet to understand of ourselves. In the study of say, Bio-chemistry*, we come to understand how our body ingests food and makes the hormones that keep us going. Further on, we will see how hormones, creating psychological thoughts (actually neurological impulses), directed to our Souls and interfacing with our brains, create our minds. (The latter, not studied by many as it is yet to be proven and thus not approved by science). (And yes, there is a metaphysical aspect whereby our one Soul, with our one brain, creates multiple minds within us, but that is for later on.)

**Ed: As we are Bio-organisms, much of our chemistry is related to our structures. I use this spelling to remind readers of this connection. Our definition as humans does not even give reference to this :o)*

But do we need science to approve of something before we can believe it? Do we need scientists to tell us that OM exists in order to believe it? And, if OM exists, why are we not in full knowledge of and living in communion with OM? Actually we are, but our minds do not fully recognize what our Souls know due to various “challenges and injuries” that we have suffered over the years.

Let us take a side step for a moment here and look at what, in Medicine, we can make of the beliefs, and thus, the values that we live with. You will notice that we said, “live with”, not that we have as ours or that we own. This will be explained as we go along.

There is a rift between our minds, our Souls, and OM. What was its cause? What perpetuates it, and how can it be resolved?

In general psychological terms, we have an Ego (known throughout time as “The I” or “Soul”), a Super Ego (known as the guard of our inner beliefs and values), and the Id that has not been fully understood but is reflective of the person we are. Some would call it, “personality”.

The Ego(s) (or “I”) has/have been known since ancient times, especially in Buddhist circles, as “the manifestation of our erroneously learned behavior patterns”. Scientifically this could be termed as “the personality that we exteriorize” or show to others. The Ego(s) in modern parlance, and taking neuro-linguistics into consideration, “is/are” the direct result of our “sin vs. virtue” struggle. Please do not allow the words to simply miff you, but read on to better understand the inter-relationships.

The Super Ego, as it was discovered and named, is that over-guiding factor which processes our personality based upon our beliefs, morals and values. It is like the law enforcer of our minds. It is here that those that cannot kill will not kill, and those that accept game hunting as o.k. allow themselves to kill animals. It is a brick wall that we have built in defense against all the things we face in life but can’t deal with. Quite frankly, it is the seat of our higher Egotistic self, for behind that wall, we find the Id, our true Soul.

The earlier work in psychology was stumped with what and how the Id actually functions. This is understandable because the scientific community was just coming to grips with Quantum Physics, the study and research that attempts to understand those other events that do not fit into the nice package known as “the science of linear thinking”.

The Ego and Super Ego are temporal structures that are dispatched at death but the Id, our true Soul, lives on from life to life. It is a “spark of the divine” with “the divine” meaning creator, creation, or God, and which we are calling OM, the primordial consciousness. The Id is the seat of the Soul; which we will we understand more clearly with the following explanation:

The Super Ego or police-person structure we all have was created during our birthing and upbringing. We now understand that it has become the sentry of our beliefs, morals and values. Psychologically it is known that in order to exteriorize ourselves, our thoughts must pass “inspection” by the Super Ego before we put them into action.

And here is the quandary that we all face at various times in our lives in varying degrees of complexity and to our great befuddlement.

Ed: What follows is a too long sentence that, if you read it slowly, will define the befuddlement. As a bonus, you will understand the causes of this confusion :o)

If the Id is our true Soul and knows that we should be acting a certain way and if the Super Ego structure is the police-person, only allowing those beliefs, morals and values we were given (taught to us, pushed upon us, and making us believe were the “be all and end all” for our behaviour), then we can understand why we have so many and such varying degrees of perplexities in our everyday life.

Our Soul knows what is really right, as it is a spark of the divine within but our Super Ego police-person does not accept it as true. It is overriding anything, no matter how reasonable and good, that is not part of its erroneously learned behavior patterns of beliefs, morals and values. The wall was created over the years of our own lives, and cannot be breached unless by some miracle of understanding we may possess.

The Super Ego is functioning according to design but the behavior behind it must conform with family, culture and society or it will be banished and thus create turmoil for individuals. Meanwhile, the Ego(s) sit and wait in anticipation for their turn to act out. This is why and how many confuse the Ego(s) as good and helpful, all the while missing the differentiation between the sins and virtues. A real paradox. Or is it?

Now take a step back and look at this situation in the same manner or mindset as science did and continues to do. It will be a scientific breakthrough that we are parties to when:

-We know we have an Ego structure with a Super Ego police-person monitoring our thought process prior to exterior actions and,

-We surmise that the Id is the seat of our Soul, but we know that it is: Behind/below/beneath/subjugated to the Super Ego.

This can be defined as being of behind the great wall of learned beliefs, morals and values that are not really and necessarily of our own creation nor volition. In metaphysical terms we say that “the Soul is being held in the prison of the Ego(s) and the Super Ego is the jailer.”

But what do we have to prove this?

Well, actually we have a variety of ways and both science and spirituality can help us with this.

Scientists say we are controlled by our Super Egos, a fact with which we agree. But where did they come from and how are they held in place? Simply put, our caregivers gave us our Ego(s), for better or for worse, and our culture and society reinforces us to maintain them or else be considered as outcasts. (For those of you that are interested, this is known in Psychology as “consensus reality”.)

Furthermore, unless we have undergone much meditation and psychological self-analysis, we cannot say in any affirmative way that we own them as ours. We cannot avow that we contemplated them and kept them as good as whom/how we want to be, and thus are really us.

In addition, we know that we all have various virtues known as the opposites of Egos. Again, where are they and how did they come to be?

Let's go back to the seat of the Soul, a.k.a., the Id. It tells us that with good thoughts forming or with our manifesting them outward as actions, our lives are not an egotistic process watched over by the Super Ego. In fact, the Super Ego is allowing us to be o.k. if it does not willfully contradict the basic beliefs, morals and values it polices. If it does, confusion and conflict arise within us. Remember the Id is part of the divine spark within us so it is not totally foreign to the Super Ego. However it must be able to transcend it, to get over the wall as it were.

The virtues are OM's way of helping us to help ourselves be all that we can. This assists us not to become that which we somehow, perhaps even mysteriously, know to be not quite right. Virtues are to light, what Egos are to dark. The one has Real Love OM in mind while it is absent from the other. (Which by the way, is the real definition of evil: the absence of OM's Real Love).

Spiritually speaking, the Id is that part of us that is trying to help us and knows what we need in order to attain our maximum potential for good, while conscious of our shortcomings, given the makeup of our Super Ego. We could say that having spent all our (earthly) lives until now in Ego jail, the Soul has had time to study them and come up with various possibilities of overcoming them. Breaking out of jail, as it were.

Remember that part whereby we are also told of and taught about free will? Well this is where it all comes to play out. Our protector police-person, Super Ego, makes sure that we can function and are capable of dealing with situations. We have the free will to follow it without question, just as we have to challenge it to see if we can help the Soul break out of jail. This is very much the exact same process we all go through in teenage years as we learn to "spread our wings" and "find ourselves".

While these may seem like funny or even quite odd analogies as we contemplate it all, we will start to understand what is going on inside the subconscious areas of our minds. In some cases it is almost like our personal

“Armageddon”; and we would be correct for thinking such, as we will see in a later writing on “The Revelations of John for Modern Times”.

How we actually got to this spot would take a little longer than this book will allow but can be understood by the way we form our Ego, Super Ego and Id structures within ourselves. The only thing left now is to find some way to fix it. But first we need to know what sustains it within us. We must ask, “Why are we not fully living as our Soul would have us live?”

This is where we can take a look at many of the things that influence us, and input from the “Occult Medicine” point of view. Most of us have had a full helping of “science medicine” and other than band-aids here and there, nothing really has healed as it could be, or is that, *should be*?

What influences us = Bio Spirit, not self

Science-wise, we all have the various dis-eases* or ailments in varying degrees. This is simply our Bio-chemistry in a disrupted mode. However, our Bio-chemistry is related intimately to our multi-universe (to which science has yet to give its stamp of approval). Hopefully, that with the continuing work being done in Quantum Physics, science will have some real cures sooner, rather than later; sooner, as we are all getting older and more and more in need of them.

**Ed: If you've accepted "Bio-chemistry", try this spelling as it more clearly defines the meaning and condition caused when illnesses strike. :o)*

Spiritually, we have yet to really learn to understand ourselves at the Soul level and thus lack the gnosis** of what we can each do the "heal thyself" kind of thingy.

***Ed: By now, you know the true meaning, so no more quotation marks. :o)*

In "*The Brain Gate*" by Hatherhill, we have a short and sweet (literally) look into how our brain and neurons function with what we ingest. What Hatherhill explains here is graphically produced in the fascinating movie "*What the Bleep Do We Know?*" in a very humorous way. Both are well worth the investment for your health's sake.

Bio-chemically, the foodstuffs we ingest are absorbed into the body and transferred into the neurological center or else we become brain dead and that's from where the control signals are sent. If something that is not real food gets in, it can fool the brain cells, which in turn will send out false signals and short circuit our body. We end up with some sort of dis-ease; anything from aches and pains to cancer. A prime example he gives is that of MSG additive that is found not only in Chinese food (after which we are still hungry), but also in just about every processed packaged food on the shelves. (OK a bit dramatic, but you get the picture.) As the MSG makes its way to the brain, it hitches rides on other proteins, peptides and whatnot (No, I am not a brain scientist!) so that it can enter into the brain cells, where it promptly wrecks havoc. MSG within the brain cells can cause false signals to be sent out saying that "we are still hungry" or my favorite, "we need more glucose (sugar) as we are running low". All the while there is nothing wrong with our glucose level (soon there will be as we overeat) and of course we are not even still hungry. But now our brain is making our bodies believe it is. *(Ed: Humm, sounds to me like the devil is at work here, you know, the devil made me do it! :o)*

So we end up overeating and with some diabetic sugar problem, all because we didn't pay attention to what we were eating. But what actually

happened to us is that we allowed ourselves to overeat. Enter, stage left, our old friends, the Egos. Remember that just as we have virtues we have sins and we are all familiar with the 7 deadly ones and the Three Captains. These are simply the lack of Real Love or OM in our mindset and we let them control us; instead of us controlling them.

Fear, Desire and Bad-will (the Buddhists Captains) all over seeing: Greed, Laziness, Lust, Pride, Anger, Envy and Gluttony.

Versus:

Unselfishness, Diligence, Chastity, Humility, Love, Altruism and Temperance.

Contemplate the above list and we will surely find at least one item that has, on many an occasion lent itself to egging us on or enticing us to eat until we are about to burst. (Or something to that affect.) Yet, just as this happens, what in OM's name makes and activates them within us. We are not all walking around as Egos looking to create mayhem. So who is doing what to whom, how, and why? Here we have to go back to the Super Ego structure that will not allow us to do anything that we were not taught by our caregivers, supported by our culture and reinforced by our society. Do you see a pattern unfolding here?

As children, we all saw someone eat ice cream when depressed (or were even offered some if we were "good".) Just as we all saw someone overweight and it was accepted by society, so we adopted those memories to become our behavior patterns. Our parents told us it was o.k. even if unspoken, and our culture gave it tacit approval. And, in the worst case, our society makes sure that we play the game and then goes a bit crazy trying to get instant cure-alls for diseases caused by overeating.

But all of that is simply placing the blame and thus the healing or resolution outside of ourselves. We are here today and seeking gnosis to fix it all, as best we can by first being able to understand the causes.

Just as we can say, "We are not our Egos", so we can also say, "We are not our bodies", albeit those with a bit too much pride won't agree. We are Souls, experiencing life in human suits so why is it we have the Egos in control?

Enter far off in our solar system. Imagine all the known and unknown planets and natural satellites. We won't talk about farther out than that in this book, for that path is too far to travel.

Do we know that each galactic body emits energy? To the point, they do, with our Moon being the most well known as it has, and is being scientifically studied to death. (It did in fact die off having been an earth a number of our Soul's lives back, but that is all for another book). Don't forget that men (males) were seeking a way of justifying the blame being foisted on women for various things. All the while, they were ignoring their own moods. The Moon has long

been known and understood to affect the Solar Plexus area of the body, which is the seat of our emotions. Just look at where we gestate inside mom and how that is affected by the moon tides.

Each planet/satellite is in turn, directly related to an inner organ that receives the incoming signals of energy. In the physical realm these are dual; the one being positive, the other negative. Thus, harmony and perfect balance are maintained. Once inside our organs, the energy now mixes with the hormones we created from the “Brain Gates” control center and we have a Bio-chemical process that includes both the foodstuff and the planetary energy. (For those interested, as space is constrained here, read of the oldest known self-healing methods, “Taoist Tantra”, and their detailed explanation of the planetary energies.) This is not limited to the Taoist, for the Hindu culture has long explained the direct relationship of the “energy path of the Chakras” and the various organ and mind functions we experience, or simply live with.

These planetary energies are dual, and just as we saw the MSG fooling the body to think that we are still hungry, our thoughts are being pushed and pulled by any of the sins or virtues, or a mix of both. As result, our minds tell our organs that we are too negative or too positive and are creating holodynamic spirals that are expressed in the way we act. Just as we are what we eat and we are what we think, so too we live our “cosmic dances of life” in direct relationship to how our organs process it all. It comes to us initially by being in physical bodies in this dimension, as bio-organic suits. Next we add the Soul that is our spark of the divine, experiencing it all through us no less. This becomes the cosmic mind of the collective consciousness that we simply call OM.

The psychological aspects of who we are, are a direct correlation of what we think (watched over by the Super Ego) and how we vibrate from the impetus of the planetary energy sent to our organs, plus our brains’ signals to the same organs. This is where the dance occurs. Is it more positive or more negative energy that we show to the outside world?

Yet again, we will come to see that we are not necessarily our “exterior actions” but our personality may show signs of what our Super Ego police-person allows to be let out and set free. Our free will comes from our inner make-up, which springs from what we have observed or were taught. (All too often erroneously learned behaviour patterns.)

Our spiritual dimension, which permeates from the Id, our real Soul, is not something with which we are all too familiar. As science has focused so much attention on physical matter, so have we followed the teachings, often to the chagrin of the religious hierarchists. So very much their own fault, we can even say it is of their own devise. Nonetheless, we do have a spiritual life and it is an integral part of our existence. Quantum Physics researchers may well be in the discipline that is finally starting to find answers. While they are still not too keen on our various and so variable “mystifying” manifestations of “things”, they are coming to grips with the fact they really can’t explain everything. In some

scientific quarters, there are acknowledgements that those who are subject to other kinds of thinking, experiences, phenomena, etc., are not delusional. (“Delusional” being the term with which social scientists, especially Psychiatrists, love to label free thinkers.)

Maybe if someone in those so-called hallowed halls of academia had taken a more focused interest in the Ego, Super Ego and Id, we would understand better today how it all mixes together. Suffice to say that their own Egos would not allow such an abasement of their self-images that, seemingly, they cherish “till death does them part”. Later on we will see that is exactly what must happen, in the here and now, spiritually known as the “second death” in religious banter.

What we do know is that we are multi-faceted human beings. We have multi-layers of personality traits within us and we live in a multi-dimensional universe.

Ed: Whether some like it or not. :o)

All of which has one constant; that being the Soul as in the spark of the divine. It is held a prisoner behind the wall or police-person of the Super Ego, which is not of neither our own making but that we live in our outward actions. It is trying to break free and to live life so as to be all that it can. Thank OM for the Soul, or we could say, “Thank that part of ourselves for ourselves of that part”. :o)

This brings us to the issue of why we are not living with OM on a day-to-day basis. But first, we have to discover who “we” really are and conversely, who we really are not.

Parental/Societal influences = Who's ME?

Who are you? Who is me? Who are we? These are the profound existential questions to ask if we are to know ourselves or as we Mystics say, to have the gnosis of our Be-ing*. Then again it seems close to, "Know thyself and you will know the gods". Hummm, is there really something to all that?

*(Ed: *Surely by now some of my thought processes are starting to emerge!*
:o)

Well, the scientific answer is that we are the sum of our bio-organism plus behaviour learned from caregivers, culture and society, all creating our human suits. The spiritual answer tells us that we are much more than the human suit because we have that spark of the divine within us known as our Soul. This gives us some insight into the paradox science faces as it tries to explain all things based mostly on quantifiable matter. Mystics know that thoughts are not of physical matter but of energy and in vibration, are our Souls.

As a biological organism is "born" it has the same biochemical function as its parents, for it is of that species. In mammals, as the gestation is taking place, so are other creative processes in other dimensions paralleling the physical ones of which we are aware. Just as thoughts are not perceived, neither are "things" related to our Souls. This has proven frustrating to scientists who regularly deny many theories because they cannot touch, feel, hear, taste nor see some or all of their component parts. All of which sounds just like an organism instinctively seeking justification for what it senses with it's basic, or lower levels of sensation.

Yet it has long been known by the metaphysical community that our Soul is a spark of pure energy of the divine. It is permanent energy that cannot be created nor destroyed, only transformed. (At least science got that right, albeit from an hypothesis of alchemic thought). The transformation occurs at the 5th dimension level (that one directly above us) and is something science can neither touch nor manipulate. It affords each of us a direct connection for communicating with the divine in any manner we choose.

The Soul is connected to the gestating embryo at conception but not infused with it until the birth itself. This gives it free reign to come and go while it acquires the information necessary to play its part at the moment of birth. Only OM and that Soul know for sure which path is the best one to take, but unfortunately, due to the police-person Super Ego structure, OM and the Soul may not be on conscious speaking terms. This is one of the blockages to our awakening the Soul within the prison guarded by the Super Ego. In this scenario, the sub- or un- consciousness can be made manifest and thus become enlightened consciousness.

The Soul will migrate to and from the growing embryo over the course of gestation in order to attune the bio-organism to it's "other dimensional" energies,

ending up in a sub-conscious state that in some instances appears to be almost unconsciousness.

So if the Soul is rebirthing from life to life in a new human suit continuing its experiences and experimentations of life in this physical realm, why don't we know this and be conscious of it? A simple answer at this point would be that science has yet to give its stamp of approval. Just because someone does not believe something to be true, does not mean it is false. The truth in the hand of one person is still the truth even though diametrically opposite to what consensus reality may say.

Our caregivers (called here our parents) are the most influential in the development of our personalities (the Super Ego structure). This is not to say that we are our parents. However, for better or for worse, in this physical realm, with our mammalian bodies, they nurture us. It is here that the first signs of our "Souls' growth" appear, molding who we are as we become more independent. Most certainly the days immediately following our births are those of great dependence upon them. We depend for mom's warmth and breast milk. (As we contemplate these words we can clearly see how deviations from nature's way cause complications for infants that follow them throughout life.) We also depend on finding the strength and masculine warmth of the father nurturing our more action-orientated characteristics. Failure on the father's part simply has us defaulting to the baser biological nature of any living organism that seeks survival, much as we see in the animal kingdom. Unfortunately the mother cannot offset this. All things are of dual energies and in order to function harmoniously, both must be functioning.

There have been a multitude of studies into the development our personality traits, and what we become when something goes amiss. It is similar to a short circuit in our Bio-electrical (or Bio-chemical) composition. Further, as we mentioned earlier, both our physical and spiritual beings can be dangerously affected.

In a very interesting and profound study on the process or the nature of "Evil" by Beumeister, we find various impulses that feed the being we become. Fear and anger are two of the greatest challenges. Keeping in mind that Mystics term evil "as that which is devoid of Real Love". (a.k.a. OM) We will take a look as to how we, and others, give rise the challenges we face.

If mother was in a constant state of fear when feeding or nurturing us, and if dad was in some ongoing state of anger, we would have adopted or created a coping mechanism to deal with these issues. They are foreign to our Soul-state, but given the basic fight or flight of all organisms, not to our bio-organism itself. This would include our brain or mind where all of the incoming data impulses are processed.

Most of us have little understanding of the psychological processes that all mammals, especially humans, go through in what has been termed the

Narcissistic state. Narcissism in an infant is the growth process whereby the budding organism learns that it is dependent upon others for certain gratifications. (Food, water, warmth etc.) Thus, it is not omnipotent or god-like. With basic biology dictating the survival of the fittest, it is easily understood that organisms need “to eat or be eaten”. Since humans have the greatest success in this scheme of things, we have created an erroneous thinking pattern; i.e., if I obtain that which I want then I must be omnipotent, ergo, a god! This may work in the animal kingdom but in the human world we have come realize this is nothing more than self-aggrandizement.

With conditions for the infant being harmonious, it grows through this stage coming to realize that it is loved, cared for, and comforted by the caregivers. That, in itself, has repercussions later in the teens. At this time, the child transfers its focus away from itself being omnipotent to the omnipotence of the parent(s). All of which leaves OM out in the cold, more or less. Thank OM we have our Soul within, always trying to find ways to communicate with OM.

We will come to see that Narcissism has developed a life of it own as the seat of all evil and has placed humanity in the state that we find it today. “If I am a God and no other shows up to tell me I am wrong, then I must be a God”, is the self-image of a Narcissist, but in varying degrees depending on each one’s level of the Narcissism itself.

This was not something that some alien implanted inside our minds, as many fanatical spiritualists want to believe. It is something that can be found in nature itself, for it is simply an extension of the baser biological characteristics that all mammals are born with in this physical world. We say “in this physical world” because the vibrations found within matter are those that oscillate slower and at lower amperages. As we move up to the next dimension of sound, that none of us can see or touch, but that we can all hear, we find an open doorway to understanding how even higher dimensions exist and therefore how, or at what level our Soul functions.

All of this would be easier to deal with and to understand had we all been nurtured with OM in mind, which unfortunately was not the case. Lucky are those that were nurtured without:

- A God of thunder and lightning
- A male God domineering females (sounds just like the animal kingdom)
- A God that was vengeful and full of anger, hate and devoid of love (sounds a lot like how many fathers are found to be in the home environment)
- A God in any shape or form, as attested to by atheists

And we are sure that each one of us could add to this list of what we would

have not preferred as role models in the God department. Most of us were left with a pretty weird upbringing. In reality, it’s amazing that most of us made it this

far without going crazy. Oh yes, I forgot the avoidance part that really is an offshoot of Narcissism: the fear of facing the truth, our inner truth.

As we grew and experienced more, we faced a huge hurdle in the teen years. It was then we came to realize (more or less) that our parents were not omnipotent in many areas. In fact, they were just as failing as we are today from the general psychological perspective of who we are, what we are, from where we sprang and where are we going. These may actually sound like the existential questions of life, but they are the very real influences that determine how our personalities exteriorize in our day-to-day actions showing others our beliefs, morals and values.

For those that are looking consciously, we can discover just what is the Super Ego structure of another person. From this, we can easily trace the pattern back to the parents and occasionally to the grandparents to see the same behaviors repeating themselves. This, as we read earlier, is from the perpetuation of erroneously learned behavior patterns that each and every one of us has internalized and mostly suppressed. Today we live with the resulting dis-ease effects. (Simple biological-psychological cause and effect.)

Actually, as we study and research the phenomenon, we understand that the teenager is really going through the same growth process as the infant in dealing with Narcissism. It is here that we each cement our own degree of it to the Super Ego wall (being fortified by the police-person). It is here we have made our choices as to how we are going to live out the rest of our lives. (Until we have mid-life crises, that is!)

So now we should examine just how all of this lead to the banishment of OM from our life. How did we allow this to happen?

What Banished OM = Paralysis of Self

Actually, we have banished OM from our day-to-day lives as early as the time of collective societies. These effectively banished our Souls to the prisons of our sub-conscious behind that great wall overshadowed by the all-powerful Super Ego, known in Greek mythology as Certes. In all fairness to our real Souls, we did not set out to do so; we did it as a self-defence mechanism against the insults our Souls were feeling from the outside world.

Consensus reality did not want our Souls to be that spark of the divine within but just that we simply lived what and how all others (the majority = “they”) wanted. To our own individual mindset this created what has become known as “Ambulatory Schizophrenia”. This condition was discovered and termed as such by that fascinating Psychologist, Dr. Scott Peck, who left us with many deep and insightful guides to various parts of our psyche. He found this when trying to better understand why people lie to each other, but mostly to themselves. He had come across this phenomenon many times in his work, until he realized that it was in fact becoming an epidemic, much as Narcissism has become a pandemic

With AS, a person would act one way, and then tell others that he/she acted differently. When confronted with the reality of the contradiction he/she would become vehement that it was the truth and in fact could pass a lie detector test. (Sort of self-hypnosis.) This shows to what depth, psychologically, a person can suppress an event and not have any inclination that they actually

experienced it. We have seen this time and time again over issues of a somewhat traumatic nature, but what about those that are not so obvious?

Think of how many times we have had some thought “brow beaten” out of us as we confronted the consensus reality of the adult world when, as children we had a wide-eyed fascination for all things in life. We knew no boundaries, but yes, of course, needed some, as well as good nurturing from an OM-like person.

Real Love goes a lot further than does any chastisement, if we were that lucky. Unfortunately, as most, we experienced the indignation and outright anger by questioning something said by adults. They erupted because they did not know the answer but were too proud to tell us so. By living with them, we entered their world of consensus reality by osmosis and in many cases this even lead to our own development of AS.

After all, there was no OM in our daily Life and no Real Love situation in the home. How could there be, when the adults themselves never had it? (OK, seldom did.) How could they pass on to their children something they did not possess? To this, add the confusion that “societies” created in the religious and economic areas of life. Too many were, and still are, preoccupied with economics and have exiled OM to the recesses of their minds. In doing so they have banished the thoughts of their Souls to the prisons guarded by Super Egos policing the Ids.

So just as Hercules had to descend into Hades and defeat the three-headed watchdog known as Ceres, so we must transcend or defeat our own Super Egos' police-persons in order to awaken or simply set free our real Souls from their confines. As we outlined earlier, these barriers are not solely of our own making, nor of our own desires to keep them in place. But first we must discover who and what we really are within. It is essential that we make the adjustments that, once understood, and with the magic word "*abracadabra!*" we will open the gates of these prisons.

Our true self, our real Soul, sits banished from the Id in the same place where we banished OM. With our Soul as a spark of the divine OM we can see that this was easy to do. All things are interconnected and inter-related. We just have to make time to study the gnosis of it.

Just as we really don't hate ourselves (but perhaps dislike some parts a lot), we have our aspirations within us that, if kept in check and our desires don't run rampant, this goodwill can counter any bad-will into which our Egos could be trying to steer us. This is because, just like us, they are fearful. Nonetheless our Soul continues to work at building the courage we need to make the required changes. Strangely enough the easiest way to resolve those issues is simply to have the courage to consciously, constantly, requite the Real Love of OM. In doing so we are, very importantly, giving proper Real Love to ourselves. This would put an end to all the banishment that was unintentional initially.

The only real challenge is that we remain constantly vigilant, as in a time of war. This will keep our individual levels of Narcissism in check. Remember, that while it may be a process having its roots in our Biology, we are not our bodies. We are not bio-organisms, even though we experiment and experience life by residing in them.

With the interplay between our Narcissistic tendencies and our own manipulation of our individual Egos, we do not really have a clear self-image. We do not define precisely who we are and what we hold as beliefs, morals and values. With this lack of a true self as our guide and partner, we are hard-pressed to see, live and try to be as OM. (In spite of being a part of OM ourselves.) We need to “awaken to” or become “enlightened with” our Real Soul. (That true being which sits in jail where it was banished by the consensus reality that surrounds us every day, modifying our behaviour. The AS of those before us has made this process the paradox it is, not to mention attaching it to our fears that constitute the most ingrained Ego with which we must deal.

With OM in our daily thoughts, our example of how Real Love is suppose to manifest itself in the physical realm, we can overcome all adversities. The cosmos, (be it cosmic comic order, karmic order or biological nature itself) can challenge us and we will prevail. Wow, what a wonderful and beautiful life it really is when OM is our mentor and guide! (We are not referring to that mean or in anyway, biased character of any culture, society, religion, philosophy or any “ism”, but that which itself is life as Real Love.)

Should we choose not to go down that road, which is our freewill birthright, we can just sit back and watch our own level of Narcissism continue to steer us along the path of unconscious involution instead of consciously living life as best we can on the path of evolution. The choice is up to each of us and “the boss”. As most of us already know, “no choice” defaults back to our bio-organic nature and thus, to Narcissistic involution.

So, if Narcissism is some kind of virus we all have within us, what is the antiviral programming necessary to stop its spread, contain it, and then remove it from within?

Anti Virus for Narcissism = Soul Love or Love vs. Lust

If we learn to really love, just as we all contemplate and dream of how it should/could be, then we will have actually created our own individual anti- virus program that will stop Narcissism in its tracks.

With Narcissism cancelled out we will no longer feel the need to act in a manner that is not supporting of our Souls' growths, nor those of our loved ones. We will have come to know the difference between Soul Love and Body Lust, the so-called devil at work. There is no external devil, nor an internal one for that matter. However, there are Egos, all so "helpfully" created, supported and propelled by nurturers, culture and society.

To our Narcissistic tendencies and our own levels of mis-learned behavior patterns, we are gods. With all the stuff we heard like, there is no other God, etc., etc., could we not think this is an absolute truth at some level?

As we matured, our wounded self-mages needed to recreate their own images and fell in love with them! No one, except for certain caregivers or a few others, really loved us in the manner we thought we deserved. OM's love was too abstract to be tangible. Our frail young psyches were trying to figure things out under a barrage of societal restrictions that only stifled our Souls' emergences and growths.

In order to survive psychologically in the realm of this unknown world that lacks OM as the parent, our Ego-Souls, like newborn children, created blocks that would become the bases for and the substance of our Super Ego walls. Narcissism was born in response to the absence of OM, an absence of a proper love object in the psychological sense. If we cannot really love then we cannot really live; life energy is itself love energy that permeates all things and is in perpetual motion. If this stops in the physical realm then the physical matter dies and is transformed into something else.

It is, was, and will always be about energy. We had to focus on or have an object of our affections. Lacking a clear path and goal within ourselves, we needed the Super Ego to protect us, the police-person watching over us. As we lacked the tools to create a proper psychological structure of a love object, it created one for us. This self-image led us to believe it was our Soul. It clouded our eyes from seeing that we are truly Real Souls and are worthy of the Real Love with which we were born. OM gave this to us all, yet not being nurtured in that manner, our Super Egos put up a wall in order to protect us. That wall is built on Narcissism, itself a biological process of all living organisms.

From fight and flight, we move on to fear and survival. That is what we learned, how to survive. Without the Super Ego protection and the Narcissistic attitude, we would wither away as non-entities in a harsh cruel world. Our various psychological needs would not be met. Barring all the metaphysical reasons for getting us to this point, we cannot deny that we are, (with most of those who run

our so-called “system”) all too happy to cater to those wants that are actually Egos in disguise.

Our Egos also believe that they are protecting us but they are created from fear and the other “sins”. We can see plainly that they are also a lack of love within. They are simply offshoots of the Narcissistic traits that sought love, did not find it, and created their own images that they could love... themselves!

We can say that there is an underlying sexual factor as well. The basic biological function of procreation requires interaction. Humans call that interaction “love”, but when analyzed with truthful hearts, minds and eyes, we can see clearly that it is lust. It is lust because it is not a fully truthful love with another. It is not really undertaken in a conscious manner with another, and in all cases that exclude OM from the picture, has some condition attached to it. Lust, as in sex, is thought to be a necessity for our most important relationship, that with a mate. Yet without OM in the picture, there is a distinct lack of the three factors that we have mentioned that denote Real Love.

Real Love can be felt and shared with any one, just as Real Love Sexuality could, if we choose that path. (More on this later.)

The Soul feels sensations that the Ego cannot. The Ego is desperately seeking proof of its validation as an important element in human functioning. Simple improper nurturing of distress and trauma are at the root of this challenge. The Ego needs to feel its job is of great importance. Unfortunately, all it knows is what it has learned growing up believing that those experiences are, in fact, reality. If it is not idyllically pleasurable it will use the Narcissistic self-image as its pleasure principal.

We need to root out our own individual level of Narcissism, study it, determine what feeds it, what created it, and then deconstruct its false beginnings. We need to re-nurture ourselves with OM in mind, for just as duality exists so does Real Love.

A mother may give the daughter one meaning of love and, inadvertently, the son another. If a mother gives one definition and a father another, the duality of life becomes all too clear to a young mind seeking guidance and wisdom. Parents are too busy to contemplate this with the children so they hand it over to the school, the church or to other institutions that only want to further their own (mostly financial) immediate ends without giving any honest thought to the growth of the children’s now-forming minds. Mind control works wonders to further one’s agenda, just look at our own Egos and see how they run most of our lives. This is simply mind control of which we have no awareness

When we work at freeing our Souls from the confines of the Super Ego prisons, we can start to face our Narcissistic disorders. If we do not start or do not succeed to at least stem their growth, Narcissism will be our ultimate downfall. President Bill Clinton is a prime example of Narcissism seeking its own

destruction. It must fail, or else we will incur mental illness because we believe that no one really loves us (our Souls). What and we all forget is that OM Real Loves us, and if we were to requite that love, miracles would happen. That is because it would be a miracle if OM's love were requited by only a few, let alone by the masses. If we do not first Real Love ourselves, we cannot love another, be it OM or any being.

Please do not be so naïve or foolish as to think that Narcissism only affects the weak-minded, the dis-eased, the poor or the downtrodden. Our best examples of ultimate Narcissism can be found in all the highest levels of any area of life, be they political, cultural, financial or religious. Who do you think Jesus was referring to all the time he was accusing those who did not live as OM would want? They were "gods" who had no room for OM.

Narcissism is the ultimate lack of love within and is the greatest pandemic that humans have ever experienced. If it cannot be stopped and reversed then the dis-eased will need to be culled. Sounds a bit weird, even barbaric, yet we are talking about a biological organism that can and does spread Narcissism throughout its life cycle. For where there is a Narcissist (like Bill Clinton) so is there a feed-supply, offering adulation and its other needs, including abhorrent sexual stimuli.

Ed: An industry in which humans have shown truly creative genius. :o)

Lust is not love, it is only rooted in our biology. Real Love is of OM and thus attached to the Soul. The question that we need to ask ourselves, as individuals, is, "Which path will I take? Will I live for the moment or from day to day?"

Me Against the World = “Goodbye Cruel World, Hello OM”

Often when we are contemplating our lives, it seems that for some strange reason, it is us against them; me against the world. If we take a step back and look at things as they are, since we have come to understand much more about ourselves, we can see easily that we could be saying that it's “we against the world” or better yet, “I’ against them”. “I” being the True Soul within, while “we” are the accumulated psychological aggregates of the erroneously learned behaviour patterns we know to be our Egos.

It is a cruel world in which we live. Each of us cannot live to be all that we can be. We can't be our true Soul self, the Id, because it is held in prison behind that horrific wall of Super Ego police-person. Boy oh boy, we are already in jail and don't know what we did to get there! When was being born considered a crime?

If each of us maintains the mindset that we are totally separate from each other, that there is nothing that really connects us all, then we have given up on knowing ourselves and living life to the fullest as a Soul in a human suit. Worse than this, is allowing ourselves to think that we are our bodies. We are doomed, so just as the cartoon suggests, pull the chain and say, “Goodbye cruel world” (it wasn't fun so I am not coming back in the next life.)

Ed: Psst! Just so you know, you don't have much choice over it at all without Real Love within. :o)

“I wanna go home... I want out of here... Stop the world I want to get off”, are all things we joke about, but in too many or in even most cases they are more serious than we can contemplate. To think that we are the only ones with our types of thoughts and worries is paramount to Narcissistic thinking. This is something we ought to be working on to remove from our inner selves. Thank OM the cosmos keeps working no matter what just one person may feel and say although these days too many are doing a good job trying to destroy it.

The cruelty, meanness, anger, hate, fear and sadness that we all feel from time to time (or all the time) is simply living without our Souls in the forefront of our minds. We become what we think and there is where we focus. Just as occasionally bad things happen to good people, we ourselves are, at a certain level, responsible for what happens. While this may be Quantum Physics at work, it is not rocket science and we can understand it if we wish. Then again, it may create a fight between the Egos as to whom will be in control of the investigation.

If we can just find a way of allowing our Souls to be at the forefront, guiding us, helping us and maturing us, we will have found the “Soul-u-tion”. Being sparks of the divine and thus given “top billing”, they will be the first steps in saying, “Hello OM and goodbye cruel world”. OM will be smiling and our Souls will know why!

Besides, is OM not where we all feel safest, and where we all want to go at the end of the day? I firmly believe that within ourselves we all feel that way. Strangely enough, we don't express it to a few, let alone to many others.

Simply put, without OM there is no life, no end of the day. Therefore, there is no rest from the daily grind as we arrive home to commune with our loved ones. Remember, they, like us, are part of OM. Ah, "home sweet home".

Ed: Do you suppose The Brits would dare say, " 'OM sweet 'OM"? :o)

Ed: When we're alone, thoughts toward OM can be very rewarding as well. :o)

Ed: Why have we been repeating that OM is God as Life itself? Read on, dear readers, read on. :o)

Gnosis of God as OM of Life

How God is really OM and thus life itself, is really not that difficult to understand or rationalize from the research and logic we have uncovered. With life arising from our creator God of which we are an integral part, we can bask in the knowledge that God is everything and everywhere. Basically, God is energy. PERIOD. Moreover, that energy is conscious and is aware of all things and is forever in motion.

As humans, we have said over and over that God is Love and that God creates and expands all manner of things. These are a clear signs of Love in creation.

Since we know energy vibrates endlessly, it is more easily understood how our creator God becomes Real Love (being conscious, truthful, unconditional), in perpetual motion, in all things and in all places.

Ed: We use the term OM and it vibrates when we chant it. Try it and you will see. Go ahead, you're reading this alone and no one else is around to comment so stop, put down the book and give it a whirl! :o)

We all want to live a better life with more meaning and substance, but in order to do so we first must learn what it means to live. We should understand that OM gives out love in OM's energy patterns, and that it is our task to work with them to the best of our abilities. If not, that's OK for, as The Beatles sang, "Instant Karma is going to get you". I can laugh at it now, but rest assured it was not very enjoyable nor funny when I understood so little of it.

One sure way to start this process is to recognize and to requite the love that is given us. That means at the Soul level as well as in our thoughts, instant to instant. Just as J.C. said in one of the "mislaid" gospels, "If you look in the wood you will not find me, for I am not there". This contradicts what is said of OM, as "Wherever you look, wherever you go, there you will find me". Why the paradox? To drive us crazy we guess! Not really. It is from the two aspects of our lives that we can understand it.

J.C. is to us as our Soul is to us. He is our Soul trying to get out of prison. All we have to do is unlock the door or, more clearly, break down the wall of the Super Ego police-person that watches over us, believing it is doing good, but in fact, is stifling our Soul's growths for various reasons.

Ed: Stay tuned for more development of this thought later. :o)

OM is life itself to us. It is all energy, and it is always in perpetual motion. Our body or physical matter may "die" but in fact simply has transformed into some other energy vibration. Our Soul is a different matter, for as it is of OM and can neither be created nor destroyed, only transformed. PERIOD. Transformed to what we all may ask? The Soul, being of OM is part of all things and plays a

major role in all beings. Unlike the transformation of physical matter into other energy vibrations, the Soul is transformed into other Soul-only activities.

Christification is a process that is little understood by science. Even Quantum Physicists have yet to delve into it, but as the saying goes, “just because they don’t believe in it, doesn’t mean it is not true”. Truth in the hands of one person is still the truth. For those who investigate it, there are many sources available that help us the better understand what Christ was trying to tell us. The so called “lost writings” that are kept in the hands of those that care about them and about humanity’s enlightenment, do show just how OM was not the God of the Old Testament but one of Real Love.

Unfortunately for all of humanity, we were hoodwinked into perpetuating the myth that Jehovah was as described in the Old Testament. Those that have researched and meditated on all things Eastern, metaphysical, as well as the ancient Atlantis Continent of some 400k years ago, see that the Real Love Christ was, is, and will be forever all about OM. Stated another way, he was Real Love energy in perpetual motion, seeking us to requite OM’s love with our own free will. If Jesus of Nazareth could be born as a human and ascend to that enlightenment, then is it available to every male or female who seeks the gnosis of life.

First we have to learn to Real Love ourselves. If we start by pondering the multi-universe, if we start to ask questions of ourselves, something enlightening will happen. Slowly but surely we will deconstruct the wall of the Super Ego into a paradise that reflects what our Real Soul seeks in the here and now. Yes, metaphysically and quantum physically, we could create paradise on earth for all to share. Firstly, we have to dissolve the egos and then requite love. Are these two seemingly meaningless statements too difficult to undertake as our free will directs us? (Our free will presently is being directed by the multitude of psychological aggregates from within.)

If we try it all from another angle, we may surprise even ourselves as to what is possible. With OM as energy vibrating everything, everywhere, then why not see what each planet is doing to the various part of our body or the organ it governs. With a better understanding of our own solar system, both “up there” and “inside us”, we should be able to lift our level of vibration somewhat and in doing, things really start to harmonize. Just as we suggested previously, try chanting OM and see what it does for you.

As a whole, we are quite out of step with OM and thus, the reality in which we all live. We have seen that we are not our bodies, for they are only rented for a short season. Then it’s back to the school of soulful delights until we are reborn (reincarnated) in the next life. For most, the transition is nearly instantaneous.

(Ed: Oh well, better sooner than later :o)

Yet, if we really learn to LOVE, then we will find our hidden inner treasures.

Re-acquainting with OM or Requited Love

“They” told us over and over that God a.k.a. OM was Love but alas, we really didn’t understand the abstractness of it all. We simply followed along like sheep and placed it in our wall of Super Ego (much like all those little messages are placed in the Wailing Wall) to be left to some magical mystery tour de force to make it manifest. Now here’s the challenge. If we don’t do it, it won’t get done. With our free will, we have to make it happen within our Soulful-selves. What we must undertake is either to reacquaint ourselves with OM (for those not sure that OM exists) or to requite OM’s love (for those of us that gnosis OM). We will remain lost as long as we don’t communicate.

We are ailing because of many things, and we need some type of Soul-ution to heal us. Our Souls know all the beauty within us, but with the Super Ego police- person holding the jail key, it is not escaping until we face our problems. We have to ask it questions and resolve to rewrite that part of our psyches that was given, embedded or taught us by rote and that is not consciously who we really are at the higher level of our beings.

Reacquainting ourselves with OM simply means to proceed to investigate, for our own Soul’s sake, what is OM and how does OM communicate. We need, of course, to take a clean slate and approach it all without the dogma and doctrine to which our Super Ego holds steadfastly. Otherwise, that would simply take us back to believing things that we did not study and truthfully do not own, as it owns us. Please remember that those behavior patterns are ingrained and need to be removed in order to have that new canvas upon which to work.

In requiting OM’s love, we will take a good deep look at how we neuro-linguistically define the word “love”. We will analyze ourselves and ask if there are any psychological traps with which we are saddled that are not of our own volition in our current definition of the word. As we do this we will begin to have a better understanding of all the sages who walked the path before us and left us with some gem-like phrases of wisdom that we can use as guiding lights. We say this because we are looking for wise gentle guides and not dramatic bible-thumpers or charismatic gurus. We can be our own best teachers, and in most cases we are.

As OM emits Real Love all around, it is there for transforming into whatever use we choose. Evil, the so-called opposite of love, is simply the absence of Real Love. For if not, then we are back to a God of biblical times that is “good” and thus, someone who is “bad” (i.e. evil) and using “Lucifer the first light” (a.k.a. Venus), by externalizing the challenge. The fact is that it’s all taking place at “The Wall”. Does it need to be described?

Ed: No wonder they are “wailing” at it! :o)

When we consciously choose to be or to act love, we must be truthful since lack of it conceals agendas. We need to be conscious in order to be aware of the duality of cause and effect and not allow the Ego to run the show. Our love must be unconditional because most relationships are, or have become, part of the psychological paths our Egos have taken us along.

The Egos may cause us a lot of grief with the process, yet with much tender, loving care for ourselves (including our own Egos), we will be able to see the trees individually even if the forest of Egos is thick. Focus, concentration and perception are our allies. Don't act as Egos, for you won't like the consequences when they get angry.

When we start to requite love to OM, it will follow naturally that we will also do it to others. We will start to emulate that which we think, feel, gnosis and choose to be. Just as we know that the Egos, under the urging of the Super Ego structure, are awaiting their own demise, or so we hope. Actually this is very much the case, given the degree of Narcissism within each of us. Our Narcissistic attributes really do seek failure in that they can then say, "See, we told you so, we are no good, we are failures", as their self-images are quite damaged. By the way, only OM can fix that in another person, no matter how hard any of us try. Research this intently to understand the various reasons that support this gnosis of life.

As we start to requite OM's love, others in turn will more likely than not start to do likewise. (Albeit nothing is certain.) At some point the mindset changes and we end up with more and more people acting, being in a True Love, Real Love OM manner. Don't confuse this with a godly manner that may well take us back to the Narcissistic "I am God" kind of thing.

It's really not rocket science, but it does ask that we each apply ourselves to the best of our individual ability. If we can find Real Love for inside and of ourselves, we will have a very good case for succeeding at something that most do not know. They do not know they're missing!

Most will say they love or like themselves, but when asked to discuss it deeper, all is silent. They have yet to really think about it and thus they are caught off guard. Don't fall for the old brush off, "I know it but can't articulate it" or, "I need to think about it awhile and will let you know". Just as choice of food in eating, or manners of acting, it is natural and does not require deep thought to

make a response. If it does then thought has not yet been given its due by the person to whom the question was posed.

Tantra in Tibet

If you really study the Eastern cultures, you will find some most interesting reading. Oh, fret not over the people, for they all have their own levels or degrees of Narcissism, remember it's a pandemic. However, they compiled and managed to save some of the oldest writings on understanding human nature and how we can all achieve or maximum potential.

In writing on OM, which is Real Love energy in perpetual motion, of course we would have to discuss the issues of sexuality, without which none of us would be here to experience and experiment life as the Soul we are in a rented human-suit.

Ed: Humm.. makes you kind of wonder if those that disliked life in the physical realm here and now, didn't make sex the devilish bad guy in order to cut off the human experience. :o

Maybe they just had too deviant a sexual outlook and it made them nuts, sort of like Idi Amin who was reported to have suffered from syphilis, and as it affects the brain, made him the nut that he was.

It is well known that the victors write or re-write the history of their periods. They make themselves appear in a better light to the masses. By this process they try to hide or at least distort the truth. It can't be hidden forever since the Fluxion is then unbalanced and seeks realignment. If we are earnestly seeking truth, then somehow, somewhere, someone will find it eventually.

The paradox with which we will be contending in one of the final reels in our own movie of life is that of Narcissism versus Real Soul self. If one asks, "If my soul is a spark of OM, then am I not OM?" , the answer will be, "Yes", because we are each a manifestation of a part of OM. (Just as are the planets, nature, and every human being.) So does that make Narcissists equally correct? No, for they do not contemplate being manifestations of OM. They live their lives fully as if they are gods, whether by self-appointment or subconsciously.

In sexual parlance, we are all looking for an ideal soul mate that will somehow compliment us and rest assured, just as we all evolved from a dual "hermaphrodite" being that had male and female characteristics in full balance, there is a perfect soul mate that is, in fact, our twin. Obviously, we have lost sight of this but with our zest for life rekindled, we will be able to find ours. OM can help. How? As we go about our (daily?) activities of a sexual nature (more unconscious or subconscious than not), try something new and wake up to what is really going on inside. Admit to yourself your own truth (that OM already gnosises it all anyway) and start to act in a manner that is more becoming as a human being. (Unless, of course, you wish to act like a human-animal, which others will sniff out very quickly.) In essence, what we must do is literally invite OM into our bedrooms.

Ed: Wouldn't you know it, there are two schools of thought on this subject!

:o)

School #1. OM is in our bedroom whether we like it or not and knows who has been naughty or nice, but mostly knows who is and who is not requiring OM's love.

Ed: Please do not bring in that saying of "where two or more people meet in my name, I am there" the more part does not work in the bedroom. :o)

School #2. This holds more weight. OM being Real Love energy is absent from those instances whereby Real Love is not present, which is like most, if not all, of the relationships going on worldwide.

Ed: Boy, does that ever make me sound like a cynic. :o)

Of course those that are protesting at this moment are very probably seeing something of themselves. Nonetheless, we all have our ways of acting with our mates and have our secrets we keep from them, especially in the heat of the passion. The funny thing is, that if we all talked about them, we could resolve many issues and be able to enjoy more intimacy with our mates. (After all, its just another taboo our Super Ego loves to police and to deny us the liberty of expressing ourselves.)

This is exactly what the study of Tantra has to offer us. It can teach us manners and ways that we have not been allowed to experience (by that Super Ego police-person) and to share in the manner that a nurturing OM would treat us. With OM being a part of each of us, and us of OM and thus all of us, somehow and someday a part of all others, we can first learn to be intimate with our mates. With OM guiding us, not just physically, spiritually and mentally (for those worried about “not getting some”), but always in ways that will be for our Souls’ growths, we will truly be helped in externalizing it with others.

Sexuality, while propelled by the Bio-chemistry within us, is more of the mind and thought aspects than of our biology, just ask any “Viagra popper”. There is something in the head that is not in sync with the body. We refer you to the multitude of reading materials on sexuality in Narcissism that can give a wealth of insight on the subject.

If you think that a lot of this is metaphysical but explainable within Quantum Physics, you could be right, because.....

Metaphysical Quantum Physics and/is You

Try surfing www.primordality.com and <http://diagnosis2012.co.uk> for some really interesting and humorous looks at who we are, what we are and, just maybe, where we are going. Don't get hung up on any small stuff and for sure don't let any of it freak you out.

For those of you that have never really studied any of this, it is recommended to start with a film that can be rented on DVD. "What the Bleep Do We Know" is an insightful starting point that will help us in finding who we are and our origins. (Kind of, and sort of.) More importantly, it takes us on a journey inside our bio-chemical suit to the brain where all thoughts and food components are processed. It delves into our actions and what we are, on the outside at least. There is a very à propos and humorous animated segment that will have you all in stitches all the while amazing you as to "what really happens" on the inside, where the Super Ego police-person and the Soul are facing off. It is like David vs. Goliath (Wink, wink, nudge, nudge, per *Monty Python*) but really goes on to illustrate to us just how we can re-write that psychological programming repeating and repeating inside us. It points out the worst part is that we had never consciously put it there in the first place. ("Out, out, damned spot", and all that rot, so to speak, almost per William Shakespeare)

The people that are featured in the film portray an interesting cross-section of all the areas in life we have to face if we choose to make sense of what is going on. They have respect, grace, humor and share their technical data in an easy to understand manner, which we can all thoroughly enjoy. Our Egos may get somewhat agitated since much of the movie is about them and their ultimate demise.

Again, this is not PhD-level science, as we are not sending a shuttle to the moon. It's simply basic Psychology mixed with some elementary Chemistry and rudimentary biological functions. Heck, there isn't even any Mathematics in it. With some TLC of ourselves we will find that we have a better understanding of it all than we give ourselves Real Love credit for. (Narcissists will tell us they are so smart they already know it all.) These processes are of our living as human beings in this dimension of physical matter but they do not preclude us from having non-physical aspects that interface with it all. This is exactly what the Fluxion process can help us understand.

For those of us that seek to stretch ourselves, we can surf the www.primordality.com site where we will find both Quantum Mechanics (yes, the

dreaded Mathematics of it all) and, our favorite, the relationships of things physical with things, how shall we put this, not physical, etheric nor even metaphysical. In essence we can't have the one without the others, which is why and how science finally is coming to grips with itself. The development of Quantum Physics allows the study of the "magical mysteries" of life that they could not be grasped with pure physical science. The scientists had been trying to force a square peg into a round hole, or to be more precise, actually into a spiral. Now they themselves are turning into Mystics, which is fun to watch as they grapple with the unknown. Yet we must also thank them as they are publishing findings that Mystics can use to expand their own studies of OM as Real Love within the gnosis of life.

In the movie we meet up with Fred A. Wolf who is a well-known and respected theoretical physicist. In reading about him, we find that his alter- ego, the good one that is, has the pen name of Dr. Quantum. His series of discussion on all things quantum help us realize that it is not really the science of pure matter, but rather the study of our more mystical side. We could easily term it as the study of gnosis - the gnosis of whom we are. There is more of the mystic in Dr. Quantum, as we have come to know mystics and sages throughout history, than there is anything we can really call pseudo-science. We give a great sigh of relief as such a learned scientist, who has studied various metaphysical processes worldwide, explains what really happens within our brains, bodies, and thus, our minds. He shows us the soul and its reincarnation aspect and muses as to what God may be. If he reads this book, he will discover it is the Fluxion process of OM.

As he attests to our spiritual being, we are all part of each other, of some greater whole that pulsates through the cosmos. Once he taps the Fluxion he will see the OM he senses that is in each of us, but that we gnosis is there. Finally, one scientist, if not science itself, is catching on to spirituality, without which we cannot place the capstone on the top of the pyramid.

(Ed: Another Monty Python "hint and wink" statement.)

As we are animated interfaces with OM, as a part of OM, it begs the question, "To where is all of this energy moving?" The first and most important aspect to understand in this physical dimension, is that it is in all body Bio-chemistry, as clearly explained in any of the metaphysical writings.

The vibrations of the stars, our Sun and Moon and all other cosmic bodies (known and unknown) make their way to our chakra system, which is part of our central nervous system. Electrical impulses find their way to our organs where they meet with hormones from the endocrine system. At that point we either process them as a Yin or a Yang, as positives or as negatives requiring balances of both to stabilize our inner harmony. For more details on this and other related subjects you can visit our website and surf the older writings at www.gnosis.com where Dr. Edward OM welcomes you.

All of this will lead us to a much greater understanding of not only how our bio-organism works, but also to some insight as to our Souls' issues and how our Bio-chemistry affects them, and they our Bio-chemistry.

Occult medicine is a new field open to all that choose to study it. It is the discipline of each of us learning to be our best doctor, of finding what and why we are out of balance and how to re-balance ourselves in harmony with OM. That is, in fact, what it means to requite OM's Real Love.

What is OM ?

The Totality of Primary Consciousness, which can be understood as Real Love energy in perpetual motion.

Energy, as we know, has both a voltage force and an amperage oscillation, meaning it has variable rates of speed and variable ways of moving.

This energy has three qualities that we as humans should see manifested as we reflect back on the movements/speeds. “We”, being known as the animated interfaces, are the sensory organs of OM in the “here and now” of the earth/solar system.

1. **Conscious**...that is to say, aware of itself in all aspects that we, as humans, commonly sense things. As a Soul experiencing life in a human suit, we are awakening to higher consciousness or put another way, to the awareness of OM.
2. **Truthful**...energy that is in everything everywhere is the law that we are starting to know as a cosmic or law of nature. Gravity is the best known, if not entirely understood by all. OM energy is balanced and constantly seeks rebalancing when askew. These laws are truths whether or not we are at the point of understanding them.
3. **Unconditional**...in that the energy is not tyrannical, patriarchal, dictatorial nor in any way expectant. It is an energy that gives out and expands in the Fluxional way. It operates via a reflection within. Thus the expression, “God is within you”, meaning God is here, being your Soul, itself the spark of OM within. It seeks nothing but to Really Love as it expands, gnosis and requites or is required in that love.

Real Love in perpetual motion, that, if it is absent, in any given situation, is reflected as the simpler, baser/bio nature that all cells have at genesis. The Soul/Spirit can reason/negotiate within karmic laws while the bio-cells live under purely cosmic laws.

Edward's Smile for this Life-Time:

As you know God is OM just as E.T. can be our soul within, at varying stages of development/awakening, etc.

At present, most of us are somewhat lost, in the dark and trying to get somewhere, do something...but the easiest, quickest path to help ourselves is simply...

E.T., "Phone OM..."

You can do it just as we all can :o)

Yes one and all, I LOVE YOU in the real love sense, I NAMASTE YOU in the real love sense and I am glad to have 'SHARED BREAD' with you all in the real love sense.

Some of Ed's other stuff at Gnosis.com

[All Souls Need Parenting \(Book Five\)](#)

[Body Mind and Soul Comparison \(Taoist, Gnostic, Atlantis\)](#)

[Empire of Truth \(E.T. in more than 'One Way'\)](#)

[Fate the Cosmic Comptroller \(Book Four\)](#)

[Gnosis Handbook \(Book Two\)](#)

[Gnosis of Life with God as Love \(Book One, Two, Three, Four, Five combined\)](#)

[God and Soul 101 \(to 901\)](#)

[God as Life and Love from the Id \(The seat of the Soul\)](#)

[God's Unrequited Love \(Reflecting Back\)](#)

[Let's Talk About the Taboos \(Politics & Money, Sex & God\)](#)

[OM God's Unrequited Love \(Real Love energy from and back to God\)](#)

[Reuniting People with Reality \(Existential questions of Life\)](#)

[Second Coming of the Messiah \(Book Three\)](#)

[Spiritual Analysis \(Book One\)](#)

[State of Mind \(Some weird-ramblings\)](#)

[Synopsis \(Of book One, Two, Three, Four & Five\)](#)

[The Chaos Theory \(Quantum Physics in everyday life\)](#)

[What Do We Really See Around Us \(Some not so weird ramblings\)](#)

[End of Times \(Caution Strongly Advised\)](#)

[Love is the Only Answer \(But what is Real Love\)](#)

[Planets & Organ Energy \(Taoist style\)](#)

[Sexual Energy \(Gnostic knowledge with Taoist style\)](#)

[We Can Fix It All If We Become \(Conscious of It All\)](#)

[Exercise: Egos Advanced \(How to Get Rid of Them\)](#)

[Exercise: Egos Dummies \(The basics of what Egos are\)](#)

[Exercise: Egos Intermediate \(How Egos operate\)](#)

[Gnosis on the Internet \(Links and more Links\)](#)

[Karmic Balancing \(Metaphysical Table\)](#)

[Meditation \(Basic\)](#)

[Meditation on the death and dissolution of an Ego \(Advanced\)](#)

[Neuro-Linguistics \(Words and some meanings\)](#)

[Personality Test \(107 questions to knowing yourself\) \(requires MSExcel\)](#)

[References \(Books, Videos, Authors etc\)](#)

Still to Come from Ed

The Revelations to St.John (a comparative study of the Biblical to the Astronomical and Metaphysical meanings).

The Ribald Kidnapping of Venus: (a look at the real life situation of how beauty, mercy and justice has been hijacked by the modern day 'male run system of world affairs'. A sort of Anti-New World Order review of what not to do and as to how things have gone wrong). Definitely R rated :o)