

Journal of Occult Medicine

www.gnosis.com Volume 0511.01.01

The Gnosis of Relationships

The best way to understand something is to ‘experience’ it. As we experience it, ‘it’ then becomes a part of us. If we are missing part of the picture then that ‘it’ is unclear and doesn’t really make a lot of sense, in the here and now of life. The hardest part herein is to be ‘unconditionally consciously truthful’ to ourselves.

If we all share our experiences, then we are giving each other the chance to better understand what is going on with 1. the other person and 2. provide some answers to things that we have within us, but don’t have the ‘gnosis’ of. There are times when it is not easy to be open, honest direct and admit things that we have done for fear of this and that. Yet, the more we become truthful to ourselves the more we are with others and thus bring about changes in humanity; that we can all agree are much needed.

As S.Covey writes; ‘start with the end in mind’ so that you know where you are heading and what you are trying to communicate. This journal write up is one of my own experiences of relationships. From all my living them, researching to understand them, investigating what is going on with me and the other person and meditations that culminates in what many will find ‘interesting’ as it becomes the gnosis of what is.

It is about ‘How and why I did not attend my daughter’s wedding’ as seen through the gnosis of who we are, and how to some ‘is this possible’.

Most understand the fact that we are the sum total of all our experiences and understanding of them. What many of us miss is the ‘why’ are those experiences as they play out. **In Covey’s world this write-up has the end of: ‘neither myself nor my daughter wanted me to attend the wedding’. And here is why:**

Our relationships are first formed with our caregivers aka our parents; who they themselves have had theirs shaped by their parents etc. etc. For sure our relationships are influenced by our other family members as well as those of our community, culture and challenges therein.

In today’s world we face a unknown menace that is known as narcissism. Narcissism is simply a psychological process that all beings go through on their

way to growing as a child and into a human being/adult. It is simply put the realization that we are 'not God' but 'have a soul created by God' within us. This becomes the third factor of our growth, our 'spirituality'. First is from our caregivers as 'survival' then our culture as in 'caring'; both of them often times interchangeable.

The narcissism propagates itself from generation to generation; mainly from the family unit; but well supported by the cultural expectations. It dulls the free thought form of investigation for oneself as it seeks to have what is known as consensus reality governing all actions. Within the culture or society it manifests it's greatest influence in the economics thereof. Not something that many contemplate as to why are things going as they are. Relationships hold the answers.

Having spent only 7 years as a day to day father to Samantha; we were both short-changed on various levels that played themselves out over the years. I lacked the realization of what she was really living in a psychological sense with her mom and she lost the chance to have some 'fatherly real love' influence in forming her freedom of being herself.

She was conditioned to respond to her mom; just as much as her mom was to her parents. There is a whole story of my ex's psychological growth in her home that tells the story of who she is; just as there is one of myself.

Suffice to say that by the time the wedding was happening there were two issues to which I was 'handicapped'.

In the 'real love' sense I knew that she would be facing just about all the same challenges that I and her mom had; as well as her husband's background that he would bring into their new relationship. Having dealt with so many 'broken relationships' in various shapes and forms; having seen the statistics that things were getting worst and did not look 'rosy' for their generations. I had to do something.

I had always sought out ways to better understand things from the simple science of something to the meditative spirit that was underlying what was going on. Thus I knew that 'communication' was the key. Yet, it had to be 'open, honest and direct' much as 'real love in God=OM sense' is consciously, truthfully and unconditionally.

Just as the realm of professional help grows, so does the self-help; for those that shy away from sharing with someone else. First we need to face or share our truth with our conscious mind, then we can share it with someone else.

I myself had gone through the process of 'relationship healing' from professionals that made it available as 'self-help' and sharing that with others knew that it was the best way to 'open communications' between two people. If I wanted the new couple to have all the tools to succeed, then they would have to have what few others did not, until it was a crisis point. 'Relationship Builders' is a series of questionnaires that each fills in themselves and then shares with their mate.

As humans are not apt at 'requiring God's love' but confessing that they 'know love and do love'; I fully understood that 'God=OM' was more or less absent from most relationships; for they were not 'fully conscious of what was going on' nor 'fully truthful' with each other. All of this led to 'interactions being conditional' on a number of levels; most of which I had the exposure to seeing as being transferences from one generation to the next.

The 'Relationship Builders' I had said to myself was my 'reason' to fully support the union. This was not to be. Samantha had chosen to fully be her own person and as such was not going to 'requite' my soulful request that her and her soon to be husband do their own 'building'. She would do it her way; which of course was based upon all the factors that made her whom she was to that point.

I fully respected that and told her so. She was understanding of that, and while trying to 'change my mind otherwise' we both knew at that point that she had other issues that we had talked of 'honestly but only briefly' for it is even harder to discuss than sex; economics. Thus she would not push the issue and in the end it was a relief for her not to have to deal, face with the ramifications thereof.

My own bankruptcy a few years earlier had as effect that I was in no way capable of partaking in the paying for the wedding. Her new husband having lost his dad years earlier had some financial backing of his own (their share). His mother was wealthy in her own right and would pay for part; but mostly it was her mom that was 'orchestrating it and paying as well'. It became a 3 way split.

Her mom had an economic stronghold on her most of her later teen and early adult life as she attended school. This manifested in what became a control that she had over her daughter, exactly as her dad had manifested with her family. In my case coming from a blue collar family, there was no economic manipulations to be experienced.

As the years following our divorce had been 'contradictory' for Samantha; she had to decide for herself; 'who was right and who was wrong, if that was a case'. This caused endless confusion as she loved being with me and my friends though her high school years, yet could not accept that her mom choose the route of being 'unconscious to herself'. Samantha cried many a tear over it all.

As there was a subsequent divorce whereby my ex acted as 'power of attorney' in the divorce of my 'best friend' from my sister-in-law; this all placed even more unknown pressure on Samantha to decide what was right/wrong etc.

She could not negate the 'hand that fed her' and as such would end up in an endless loop of contradictions as to what was. She saw her dad as something deeply Spiritual, Caring with a godly nurturing aspect. This could not be reconciled with her mother's narcissistic attitude whereby the economics was her trump card.

Bluntly put Samantha was afraid to confront her mother's contradictions and controls too much, too deeply; in fear of losing her maintenance. I was of only periodically small help to her financially; but on the communicative and spiritual of life parts; of an immense source to her. We both knew and appreciated it wholeheartedly; for I learned an inordinate amount of 'gnosis' of people from her; as in how female become ladies; just as I did from the ladies I know.

The relationship hardships are not of Samantha's doing, on her part; but of the propagation of narcissism from her mom into her as erroneously learned behavior patterns. She was defenseless to offset them and could only create coping mechanisms and manners. I did not know of them back then, and living apart could not see them.

Samantha had her hands full with me; for seldom did I allow for living anything close to consensus reality, always seeking to understand at the deepest level what was going on. I found out, that the economics was more of an issue than sex itself and it was passed on from generation to generation via narcissism given two factors: the stronger one is over bearing to the weaker one and it was the coping mechanism of the masses; of all those that have a wounded self-esteem and did not either face it or know what to do about it.

Our last conversation was a 'soulful one' in that we both understood that it was better for me not to attend, as:

She would not have to have the division of her parents in her face, that would make her think of why is mom as she is and not trying to better herself.

The other family members would not be confronted with issues that Dad could bring up just by being there; by being who he is versus living consensus reality.

That it was in fact a wedding that was put together firstly by her mom, second by his mom and financed partly by them. It was not really their wedding, but in fact their 'mothers' wedding. (Perhaps the one they wanted and did not have, per se.)

As I have full confidence in God=OM and the way the cosmos plays out things, as long as I am fully a part of it all, being all that I can be, that is; that things will unfold as they need to which is perhaps not the way some would want them to. Want is a desire of the mind that seeks to control things; while need is a action for the soul to take in order to express itself. Co-operation via communication is the key.

Results

Relationships falter due to innate behavior patterns that have yet to be fully understood and changed where and as needed. It is the mind over riding the soul in expressing 'love'. That 'love' is what has been passed down as is from generation to generation; which each one having less time for contemplative thought on how to improve it. Thus the result being that it is 'man-made love'.

With God=OM as 'Real Love' all we need do, is work on 'nurturing our soul by requiting OM's love'. Above we wrote of 'survival, caring' but did not touch on nurturing. The reason is simple. If we are correctly/properly nurtured then we do not have the challenges (or as many) to the extent that we do.

We literally find out how with 'Real Love' we can communicate with others and thus overcome all obstacles that life has to show us.

After all, Real Love is simply being 'conscious about what is happening', then being 'truthful' to ourselves as to what is really going on, and finally in being 'unconditional to ourselves' we can be to others; all of which is helping to manifest God=OM in our relationships. Requiting God's=OM's Love as it where; without which we are simply acting as bio-organic organisms.

Economics is the strongest part of life issues that allows narcissism to maintain it's course of action; perpetuating the split between our soul and OM's Real Love. OM is always there and waiting for 'real love' actions on our part in order to make OM's self present. Without 'real love' the energy dynamics are not there for it to be in manifestation.

I 'Real Love' my daughter Samantha, which she knows in her heart and soul; that she can bank on.

