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## **The Gnosis of ‘seemingly good Relationships that don’t work/out’.**

The best way to understand something is to ‘experience’ it. As we experience it, ‘it’ then becomes a part of us. If we are missing part of the picture then that ‘it’ is unclear and doesn’t really make a lot of sense, in the here and now of life. The hardest part herein is to be ‘unconditionally consciously truthful’ to ourselves. What is ‘it’ or about ‘it’ that we don’t or do not want to understand?

If we all share our experiences, then we are giving each other the chance to better understand what is going on with 1. ourselves and 2. provide some answers to things that we have within us, but don’t have the ‘gnosis’ of. There are times when it is not easy to be open, honest, direct and admit things that we have done for fear of this and that.

Yet, the more we become truthful to ourselves the more we are with others and thus bring about changes in humanity; that we can all agree are much needed.

As S.Covey writes; ‘start with the end in mind’ so that you know where you are heading and what you are trying to communicate. This journal write up is one of my own experiences of relationships. From all my living them, researching to understand them, investigating what is going on with me and the other person and meditations that culminates in what many will find ‘interesting’ as it becomes the gnosis of what is.

**It is about ‘How and why what seemed to be good relationships; in fact did not work/out’. The short answer this will show us is; neither I nor the other person were programmed for ‘us to be’ a relationship.**

As strange as that may sound it has shown and proven itself to be all too exact in my life, those of friends around me, as well as the hundreds that I had the honor of sharing part of life with; many a time intimately.

In the study of astrological stuff, from astronomy to daily astro-funnies, we see that the planets at birth setup a pattern for us. That pattern is fueled by the ‘energies that are emitted by the planets’ on a continuous bases. Much like the Real Love energy of OM is all around us and in everything; so does the planetary

energy affect us. We have all learned of this in the 'monthly moon and hormone cycle'.

To better understand this for yourself, investigate the 'strange but wonderful aspects of karmic astrology coupled with parental influence'. To get an idea of them you can peruse mine at <http://www.gnosis.com/Edward/Edward/>, being an open book, I am not worried of what someone may think; in fact I always welcome dialogue, communication, for that is where life starts and ends and most of all, lives.

While you maybe tempted to say it is not possible, just remember that even though you do not believe something not to be true, does not mean it isn't. Having study, researched and analyzed this material for myself, and others for many a year; it is part of our 'cosmic' laws of how things function. For those that say 'what of the guy born the same place and time as Bill Gates' you need to consider the karmic process that each of us has as our 'path that fate takes us on'. We can change it, but that is for later.

I was programmed to be gentle as my father, to be caring as my mother and seek out a mate that will share it all with; for the long haul. Mom and Dad made it for 47 years, so I should as well. As some know, I didn't; but why?

Well I could call it retribution that karma had setup, for me. But that would make it too easy, lamenting it was something outside of me, that did it to me. I could call it my path of fate, learning and experiencing; which while I will accept part of that, again it is not some energy system outside of me that makes it happen; it has to be what is inside of me.

Thus, the simplest answer usually being the right one; I had my upbringing, childhood programming (that helped form me as I am) at the base of my 'relationship expectations'. Again as we know, the funny thing is with expectations we don't always get what we want; and many a time we don't even fully realize what it is we are going after.

Our consensus view of things often tells us; that if it worked this way in the past of our parents then it should for us as well. In being honest to ourselves, if we open up an inner dialogue we will find that we don't want this and that part to happen; and we'd like this and that to be there. But in the end it is not. Why? We are not programmed for it.

Yes, we just said that we are more apt to be programmed by our parents to seek relationships just like the ones that they had. The 'pitfall' is that we really, really

do not have a full consciousness of what theirs' was/is, if/until later on in life. So we seek out one based on our expectations. But where did the expectations come from? If we did some psychological work at our sub-conscious level then we will be able to say 'from my soul's search for a soul-mate'. Suffice to say, or let's face it; most of us were not schooled into doing so; so the 'from' can only be answered by the programming that we processed within ourselves, as being us.

A lot of my own was expecting that most of lived as my parents and shared things truthfully, openly and with much unconditionally as chastisement. This became my consensus reality; which in and of itself made me a sitting duck for those with an agenda. Remember, we all have our expectations based upon our programming as we experienced our parents live, so do we expect we will. Well, as we all know by the time we hit 40+ reality really kicks in and the 'jig is up'; especially if our middle name is 'truth-seeker'. With that in tow we can only live consensus reality for so long then one of two things happen: 1. we get out of the relationship and move on to live what we sense we need inside 2. we stay and try to work it out, getting depressed and eventually sick when it does not. Disease is just that; the manifestation of being 'un-at-ease'.

Adding on to all of this is a situation that we have all lived, experienced but very, very few of us consciously know about and understand; it is called narcissism; which requires two people (or more) to manifest. One is known as the 'narcissist' and the other as 'feed-supply'. Yes, from the way it sounds you can get the picture, it is one feeding off the other.

The 'feed-supply' is (you can Google it for the complete details) generally and affable person, accommodating, gentler, somewhat subservient and quite 'unconscious' or at least deeply unaware of what is really going on. They are living a consensus reality with the 'narcissist'.

The 'narcissist' is usually shows themselves to be, outgoing, proud, magnanimous, emotionless, with references of ideation. Simply put they are the ones that 'think and play' God to more or lesser degrees, but do so none-the-less. In studying up on this you will find that it is a pandemic in the west, especially in North America and that their soul has in fact been 'exiled' to their subconscious for a variety of reasons with the principal impulse being to 'cope with life' and not necessarily living it fully.

Both of the 'personality' traits can be found in all of us as they are simply off shots of the 'biological' nature that we are, at least as our body is concerned. And yes, to the chagrin of most, in direct relationship to and programmed by 'our parents' and other caregivers/nurturers.

Narcissism is the base of our psychological development and personality creation that points us, tells us, shows us, if we are going to be 'God believing humans' or if we will take on the role of 'I am God' and play that character.

As we are all aware, things are not 100% this way or 100% that way, but all things connect together to form a reality that we live with. So if our leaning is towards 'I am God' then we are not apt to look for God anywhere but as our 'image'.

Adding on to this is the complete list of our values and beliefs that we did not necessarily formulate ourselves, but in fact did have programming from our culture and religion. Taken a step further; if our religion tells us that 'God is within you' and we are a higher level narcissist; then yes we have just confirmed that 'we are God' as others (in their consensus reality) believe God is within all people, then I as the narcissist am seen for what I am 'God'.

So the narcissist playing God is seeking accolades from their feed supply who job it is to say, yes you are right, yes you are great, yes you are smart, yes you are a good daddy, yes you are a good lover; all the things that can be said in order not to upset the narcissist (their wrath is that like the biblical God) and maintain their self esteem and self image (false consensus one that is) at high levels that really have no foundation.

## **I was an extra-ordinary feed-supply**

Growing up I was not aware of the Narcissist / Feed Supply matrix for it was not lived as such at home. With three brothers as learning ground it was the physically strongest one that ruled, not the mentally strongest or the mind manipulator that did. We had very little exposure to those types. Why? From all accounts it was a karmic astrological setup that I needed to live and experience the other side; which by default means being a feed supply; because as with the psychological world of personalities, egos and self esteem it is the strongest narcissist that controls the house/group or family circle. It has its name as the 'narcissistic family nucleus'.

Thank God karma kicked me out of my marriage. Yes, had my ex had not left me I would most likely still be in the marriage, being more and more un-at-ease so thereby developing dis-ease. Literally put, I would not have woken up to the consensus reality that was going on around me; and would not have had the chance to enlightenment from my research, learning, investigations and experiences. I would not have the gnosis of life that I now have.

The sad fact is that given our present state of human affairs; it takes a crisis of some deep proportion in order to jolt us awake. Awake yes, but it does not assure

us that we will fully awaken, nor, that we will actually enlighten ourselves. Most humans actually, will in fact, awaken to be deeply frightened at what they see and seek gratifications in order to go back to sleep; or at least numb the real world by continuing to live the consensus reality as before. Painfully enough, this is worst in a medical sense, for the person is now consciously (before being unaware was being blissful) aware and refusing to do anything about it. This will manifest in the psyche, which will externalize in the body.

So an ex later, two other relationships later, I am hit on the head with my awaking to what is really going on; Narcissism is in control at every level of society and its governance; as well as in every relationship that exists. That is to say you are either a narcissist yourself or you are a feed supply; unless you have awakened yourself and become enlightened to reality; not the consensus one; but the real God one.

Being a feed supply gave me a lot of experience in relationships and experiments in things that don't work; just ask any feed supply and they will tell you that they keep on keeping on trying to make the relationship work: they hope it will get better, they hope the other person will change, they think it is their fault and they will work harder at it and bend over even more backwards to have that happy life that is their dream. We are endless optimists in an endless downward spiral of energy feeding to someone that wants to play 'God of the bible' without the Real Love that OM is.

All of my relationships seemed to be really good, really capable of working out and living happily ever after. All I really needed to do was to be sure that I lived consensus reality with the narcissists that I was feeding and not rock the boat. Well three failed relationships later and I had struck out. Then karmic order showed me all about narcissism so I could change and heal myself. And, once done and completed

**THEN I MEET VENUS.....MY SOULMATE**